



**Saint Matthew Episcopal Church**  
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## The Third Sunday after the Epiphany: January 25, 2015

### The Liturgy of The Holy Eucharist II

#### Gathering music

*Bind us together*

#### Bind Us Together

Bind us together, Lord,  
Bind us together with cords that cannot be  
broken,  
Bind us together, Lord,  
Bind us together, bind us together with love.

There is only one God, there is only one King,  
There is only one Body, that is why I sing.

Bind Us Together, words and music by Bob Gillman  
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#### Procession to the Altar Hymn *Lord of the dance* Lord of the Dance

1. I danced in the morning when the world was begun,  
And I dance in the moon and the stars and the sun,  
And I came down from heaven and I danced on the earth,  
At Bethlehem I had my birth.

**Refrain:** Dance, then, where ever you may be.  
"I am the Lord of the dance," said He,  
"I'll lead you all where ever you may be,  
"I will lead you all in the dance", said He.

2. I danced for the Scribe and the Pharisee,  
But they would not dance and the would not follow me,  
I danced for the fishermen, for James and John;  
They came to me and the dance went on.
3. I danced on the Sabbath and I cured the lame,  
The holy people said it was a shame;  
They whipped and they stripped and they hung me high.  
And they left me there on the cross to die.
4. I danced on a Friday when the sky turned black.  
It's hard to dance with the devil on your back.  
They buried my body and they thought I'd gone,  
But I am the dance and I still go on.
5. They cut me down and I leapt up high,  
I am the life that will never, never die;  
I'll live in you if you live in me.  
I am the Lord of the dance, said He.

Lord of the Dance, words and music by Sydney Carter Copyright 1963, Galliard Ltd. Galaxy Music Corp.  
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**Celebrant** Blessed be God: Father, Son, and Holy Spirit.  
**People** **And blessed be his kingdom, now and for ever. Amen.**

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid:  
Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

**Gloria** said at 8am;  
**Sing Alleluia**, sung at 10am  
(printed on page 10 of the Worship Guide)

**Glory to God in the highest,  
and peace to his people on earth.**

**Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.**

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen.**

## **The Collect of the Day**

*Celebrant* The Lord be with you.

*People* **And also with you**

*Celebrant* Let us pray.

Give us grace, O Lord, to answer readily the call of our Savior Jesus Christ and proclaim to all people the Good News of his salvation, that we and the whole world may perceive the glory of his marvelous works; who lives and reigns with you and the Holy Spirit, one God, for ever and ever.  
**Amen.**

## **A Reading from Jonah** (1:3-5, 10)

The word of the LORD came to Jonah a second time, saying, "Get up, go to Nineveh, that great city, and proclaim to it the message that I tell you." So Jonah set out and went to Nineveh, according to the word of the LORD. Now Nineveh was an exceedingly large city, a three days' walk across. Jonah began to go into the city, going a day's walk. And he cried out, "Forty days more, and Nineveh shall be overthrown!" And the people of Nineveh believed God; they proclaimed a fast, and everyone, great and small, put on sackcloth.

When God saw what they did, how they turned from their evil ways, God changed his mind about the calamity that he had said he would bring upon them; and he did not do it.

*Reader* The Word of the Lord.

*People* **Thanks be to God.**

## **Psalm 62:6-14**

(Read in unison after the first asterisk)

- 6 For God alone my soul in silence waits; \*  
**truly, my hope is in him.**
- 7 **He alone is my rock and my salvation, \***  
**my stronghold, so that I shall not be**  
**shaken.**
- 8 **In God is my safety and my honor; \* God**  
**is my strong rock and my refuge.**
- 9 **Put your trust in him always, O people, \***  
**pour out your hearts before him, for God**  
**is our refuge.**
- 10 **Those of high degree are but a fleeting**  
**breath, \* even those of low estate cannot**  
**be trusted.**
- 11 **On the scales they are lighter than a**  
**breath, \* all of them together.**
- 12 **Put no trust in extortion; in robbery take**  
**no empty pride; \* though wealth**  
**increase, set not your heart upon it.**
- 13 **God has spoken once, twice have I heard**  
**it, \* that power belongs to God.**
- 14 **Steadfast love is yours, O Lord, \* for you**  
**repay everyone according to his deeds.**

## **A Reading from 1 Corinthians** (7:29-31)

I mean, brothers and sisters, the appointed time has grown short; from now on, let even those who have wives be as though they had none, and those who mourn as though they were not mourning, and those who rejoice as though they were not rejoicing, and those who buy as though they had no possessions, and those who deal with the world as though they had no dealings with it. For the present form of this world is passing away.

*Reader* The Word of the Lord

*People* **Thanks be to God**

**Gradual Hymn #661 vss. 1, 2** *They cast their nest*

**The Holy Gospel of our Lord Jesus Christ  
According to Mark** (1:14-20)

**Glory to you, Lord Christ.**

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

As Jesus passed along the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the sea-- for they were fishermen. And Jesus said to them, "Follow me and I will make you fish for people." And immediately they left their nets and followed him. As he went a little farther, he saw James son of Zebedee and his brother John, who were in their boat mending the nets. Immediately he called them; and they left their father Zebedee in the boat with the hired men, and followed him.

The Gospel of the Lord.

**Praise to you, Lord Christ**

**Gradual Hymn #661 vss. 3,4** *They cast their nest*

**The Sermon**

Father Haynes

*Silence*

*Celebrant*

**The Nicene Creed** (Standing, as able.)

We believe in one God / **the Father the Almighty / maker of heaven and earth / of all that is seen and unseen.**

**We believe in one Lord, Jesus Christ / the only Son of God / eternally begotten of the Father / God from God Light from Light / true God from true God / begotten, not made / of one Being with the Father / Through him all things were made / For us and for our salvation he came down from heaven / By the power of the Holy Spirit / he became incarnate from the Virgin Mary, and was made man / For our sake he was crucified under Pontius Pilate / he suffered death and was buried. / On the third day he**

**rose again / in accordance with the Scriptures / he ascended into heaven / and is seated at the right hand of the Father / He will come again in glory to judge the living and the dead / and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life / who proceeds from the Father and the Son / With the Father and the Son he is worshiped and glorified / He has spoken through the Prophets / We believe in one holy catholic and apostolic Church / We acknowledge one baptism for the forgiveness of sins / We look for the resurrection of the dead / and the life of the world to come. *Amen.***

**Prayers of the People**

Let us pray.

For the whole church of God, that it may grow in unity and servant hood. We pray especially for Bartholomew, Ecumenical Patriarch of Constantinople, Francis, Bishop of Rome, Justin, Archbishop of Canterbury, Katharine our presiding bishop, Gregory our bishop, for priests, deacons and all who minister in Christ, and for all the holy people of God.

Lord in your mercy, ***hear our prayer.***

For the Anglican Communion, especially for the Anglican Diocese of Long Island, our diocese, especially , St. David Emmanuel, Shoreline; St. Dunstan, shoreline and henry memorial Chapel in the Highlands; and our parish, especially for our parishioners Bob, Anne & Cameron Hartwig; Kendall, Beth, Parker & Addison Haynes; John & Theresa Hibben.

Lord in your mercy, ***hear our prayer.***

For all the leaders and people of the world, especially Barack, our president, that reconciliation and peace may overcome conflict and oppression. We pray for our armed forces and those who are deployed especially Andrew and Michael, and for those we now name....

Lord in your mercy, ***hear our prayer.***

For the hungry in body, mind or spirit, that they may be nourished by your presence and truth.

Lord in your mercy, **hear our prayer.**

For the sick and those in pain, for the lonely and the forgotten, for the dying and all who mourn, that your healing grace may shine forth in the shadows of this world. We pray for all those on our prayer list and those in our hearts, especially Lyn, Areewa, Eloise, Carmen, Stephen, Dave, Sarah, Katrina, Mary, Corretta, Paulett, Justin, Ginny, Maryann, Lila, Bill, Brenda, Beth & Kendall, Ayrton, Jim, Wes, Shirley, Rose, Lorraine, Ashley, Fr. Frank, Theresa, and for those we now name....

Lord in your mercy, **hear our prayer.**

For the gifts of joy and love, that we may bear witness to the manifestations of your glory. We give thanks for all the blessings of this life, especially for those we now name...

Lord in your mercy, **hear our prayer.**

For those who have died and now abide in Christ's presence, especially those we now name...,

Lord in your mercy, **hear our prayer.**

*Celebrant*

O God, who wonderfully created, and yet more wonderfully restored, the dignity of human nature: grant that we may share the divine life of him who humbled himself to share our humanity, your Son Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, for ever and ever.  
**Amen**

## Confession of Sin

*Leader*

We pray to you also for the forgiveness of our sins.

*Leader and People*

**Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ,**

**have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

*Celebrant*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**

## The Peace

*Celebrant* The Peace of the Lord be always with you.

*People* **And also with you.**

## Announcements, Birthdays, Anniversaries, Prayers for Healing

### Offertory Hymn

*Will you come and follow me*

*(printed on page 11 of the Worship Guide)*

## The Great Thanksgiving – B

*Celebrant* The Lord be with you.

*People* **And also with you.**

*Celebrant* Lift up your hearts.

*People* **We lift them to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.

*People* **It is right to give him thanks and praise.**

*Then, facing the Holy Table, the Celebrant proceeds*

It is right, and a good and joyful thing, always and every-where to give thanks to you, Father Almighty, Creator of heaven and earth.

*Here a Proper Preface is said as appointed.*

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

*Celebrant and People*

## Sanctus *(printed on page 10 of the Worship Guide)*

**Holy, Holy, Holy Lord, God of power and might, heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

*The people stand or kneel.*

*Then the Celebrant continues*

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you.

In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

*Celebrant and People*

**We remember his death,  
We proclaim his resurrection,  
We await his coming in glory;**

*The Celebrant continues*

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him,

being sanctified + by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

## **Lord's Prayer**

*(printed on page 12 of the Worship Guide)*

*Celebrant* As our Savior Christ has taught us, we now pray,

**Our father in heaven  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us this day our daily bread.**

**Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and forever. Amen.**

## **The Breaking of the Bread and Holy Communion**

*The Celebrant breaks the consecrated Bread.*

*A period of silence is kept.*

<i>Celebrant</i>	Alleluia. Christ our Passover is sacrificed for us;
<b>People</b>	<b>Therefore let us keep the feast.</b>
	<b>Alleluia</b>

*Facing the people, the Celebrant says the following Invitation*

The Gifts of God for the People of God.

Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*The ministers receive the Sacrament in both kinds, and then immediately deliver it to the people.*

*The Bread and the Cup are given to the communicants with these words*

The Body of Christ, the bread of heaven. [Amen.]  
The Blood of Christ, the cup of salvation. [Amen.]

*This is our Lord's Table, and He is our host. All persons are invited to receive Holy Communion. Those who have yet to be baptized are encouraged to speak with the clergy after the service about becoming baptized into Christ's Body. Gluten free hosts are available upon request at the rail.*

## Communion Music

### Holy Ground

This is holy ground, we're standing on holy ground,  
For the Lord is present, and where he is, is holy, (repeat)

These are holy hands, he's given us holy hands;  
He works through these hands, and so these hands are holy, (repeat)

These are holy lips, he's given us holy lips;  
He speaks through these lips, and so these lips are holy, (repeat)

Holy Ground, words and music by Christopher Beatty Copyright 19 ,  
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### Be glorified

In my life Lord, be glorified, be glorified!  
In my life Lord, be glorified, be glorified today.

In Your church Lord, be glorified, be glorified!  
In Your church Lord, be glorified, be glorified today.

In my home Lord, be glorified, be glorified!  
In my home Lord, be glorified, be glorified today.

In my words Lord, be glorified, be glorified!  
In my words Lord, be glorified, be glorified today.

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### One Bread, One Body

*Refrain:* One bread, one body, one Lord of all,  
One cup of blessing which we bless.  
And we, though many throughout the earth,  
We are one body in this one Lord.

1. Gentile or Jew, servant or free, woman or man no more.

*Refrain*

2. Many the gifts, many the works, one in the Lord of all.

*Refrain*

3. Grain for the fields, scattered and gown, gathered to one, for all.

*Refrain*

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#### **COMMISSIONING OF LAY EUCHARISTIC MINISTERS**

*To be used when the need is present to send out Lay Eucharistic Ministers*

*Priest: In the name of this congregation we send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's body and blood.*

*Presider and People: **We who are many are one body because we all share one bread, one cup.***

## The Post Communion Prayer

*Celebrant* : Let us pray:

*Celebrant and People*

**Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and forever. Amen.**

## The Blessing

May Christ, the Son of God, be manifest in you, that your lives may be a light to the world; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen.**

## Procession to the Neighborhood

### Hymn

*They'll know we are Christians*

They'll know we are Christians By Our Love

1. We are one in the Spirit. We are one in the Lord.  
We are one in the Spirit. We are one in the Lord.  
And we pray that all unity may one day be restored.

Refrain: And they'll know we are Christians by our love, by our love.  
Yes, they'll know we are Christians by our love

2. We will walk with each other. We will walk hand in hand.  
We will walk with each other. We will walk hand in hand.  
And together we'll spread the news that God is in our land.
3. We will work with each other. We will work side by side.  
We will work with each other. We will work side by side.  
And we'll guard each man's dignity and save each man's pride.
4. All praise to the Father, from whom all things came.  
And all praise to Christ Jesus, his only Son,  
And all praise to the Spirit, who makes us one.

*They'll know We are Christians, words and music by Peter Scholtes  
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## St. Matthew Mission Statement

**To be a church that passionately embraces and values all people, growing in the love of Christ through word and action.**

*Celebrant* Let us go forth in the name of Christ.

*People*      **Thanks be to God.**

### Special Ministers Today

<b>Priest</b>	The Rev. Kendall Haynes
<b>Worship Leader</b>	Bob Witter
<b>Eucharistic Minister</b>	Kitty Walker
<b>Lector</b>	Pamela Reed
<b>Acolytes</b>	Zawadi Chege Nicholas Yun Art Ladley
<b>Ushers</b>	Gary Neuman Pamela Reed Claire Scharmach Anne Hartwig
<b>Greeters</b>	
<b>Eucharistic Visitor</b>	
<b>Bread Maker</b>	
<b>Altar Guild</b>	Beth Latsis Cat Kuniyoshi Liz Latsis Jim Oberg Jackie Whorton TBA Liz Latsis Jim & Ginny Sloan Janet Witter
<b>Counters</b>	
<b>Nursery</b>	
<b>Coffee Hour</b>	
<b>Altar Guild Directress</b>	

### St Matthew Episcopal Church Staff

<b>Head of the Church</b>	Jesus Christ our Lord
<b>Bishop of Olympia</b>	The Rt. Rev. Gregory Rickel
<b>Priest in Charge</b>	The Rev. Kendall Haynes
<b>Administrator</b>	Agueda Fernández-Webster
<b>Church Sexton</b>	Saray Yuorn
<b>Pianist</b>	Maria McKanzie
<b>Church Photographer</b>	John Hibben

### St Matthew Episcopal Church Vestry

<b>Sr. Warden</b>	Tom Peterson
<b>Jr. Warden</b>	Sueann Goretti
<b>Fellowship Liaison</b>	Anna Jackson
<b>Stewardship Liaison</b>	Jon Kuniyoshi
<b>Liturgy &amp; Arts Liaison</b>	Kitty Walker
<b>Outreach Liaison</b>	Kate Gould
<b>Marketing &amp; Evangelism Liaison</b>	Sueann Goretti
<b>Christian Education Liaison</b>	John Kennedy
<b>Pastoral Care</b>	Liz Latsis Marcie Neuman

## **St Matthew Episcopal Church Vestry Officers**

**Treasurer**

Art Ladley

**Clerk of the Vestry**

Sandy Goretti

## **Today's Prayer List**

Lyn Zimmerman – Myotonic Dystrophy

Areewa Saray – imprisonment

Eloise Page (friend of Tom & Elaine Taylor) – hospice

Carmen Planas (aunt of Agueda Fernandez-Webster) – dementia

Stephen Peterson (son of Tom & Judy Peterson) – back pain

Dave Hopkins – pain management and balance

Sarah (sister of Lydia Nabawanga) – recovery after heart surgery and grief following the death of her husband

Katrina Goodjoint (sister of Lorina Goodjoint) – kidney issues

Mary (grandmother of Lorina Goodjoint) – stroke & Pneumonia

Corretta (mother of Florence Nabaggala) – malaria

Paulett Sloan (sister-in-law of Jim Sloan) – difficulty after gall bladder surgery

Justin Smith – Seeking new employment and healing

Ginny Sloan – continued healing, post heart surgery.

Maryann Smith - guidance and wisdom pertaining to her schooling and health.

Lila Candoo – recovering from foot surgery

Bill Trandum – recovering from a stroke

Brenda Gilbert – fighting severe health problems

Beth & Kendall Haynes – for a safe and healthy pregnancy

Ayrton Climo - (request from Lydia Nabawanga) – recovering from a terrible car accident

Jim Sloan – continued healing sciatic discomfort

Wes Szczepanski – (friend of Lydia Nabawanga) Open heart surgery

Shirley Ryan Rose (neighbor of Linda Pomeroy-Hull) – who suffered a stroke

Rose Barg – healing after eye surgery

Lorraine Casillas – for healing, strong healthy heart and good blood pressure

Ashley Goldie (friend of David Kelley) – undergoing some tests.

Fr. Frank Spina – recovering from a major stroke

Theresa Hibben – recovering from an accident

**To add someone or take someone off the prayer list, email [saintmatthewpastoralcare@gmail.com](mailto:saintmatthewpastoralcare@gmail.com) . Thanks!**

## **ANNOUNCEMENTS**

**Annual Meeting**—Our Annual Meeting is **TODAY after the 10:00 AM liturgy**. This is our annual gathering of the parish where we elect our new vestry members, elect our Diocesan Convention delegates and alternates, review the past year, and hear the charge for the upcoming year. This is a potluck brunch.

### **Guest Lecturer/Preacher Coming to St.**

**Matthew**— On Superbowl weekend, we have the great pleasure of hosting Dr. Deirdre Good, Professor of New Testament at the General Theological Seminary in New York City who is a specialist in the Synoptic Gospels, Christian Origins, Non-canonical writings and biblical languages (Greek and Coptic). Her powerful book, **Jesus the Meek King** was a great influence on Fr. Haynes as a means of unpacking the role of earthly power in Jesus day in contrast to his divine virtues. Events will include a ***Soup Supper and Lecture*** beginning at **5:30 PM on Saturday, January 31st** and sermons given at both the 8 AM and 10 AM liturgies on Sunday, February 1st. Don't miss out on this world class opportunity to hear one of the great contemporary minds of the Church!

**Great Community Service Opportunity**—The **Bloodmobile** will be here at **St. Matthew Church** on Saturday, January 31 from noon to 3:00. We need 15 donor's to make their efforts viable have not yet reached that number. Please sign up in the narthex if you are able to give blood. Please let your friends and neighbors know of this local chance to support increasing the blood supply. If you have questions or wish to sign up via phone, call Mark Lepkowski (253-517-7779) or Kate Gould (253-927-3778.)



## **Announcements (continued):**

**Super Bowl Party!**— Please join us Sunday, February 1 at 3:00 PM to watch the Seattle Seahawks defend their Championship title versus the New England Patriots in Super Bowl 49!

There will be a Taco Potluck and we are asking all guests to bring 1 or 2 of their favorite toppings and beverage of their choice. Hospitality will provide hamburger topping, taco shells, and refried beans as well as coffee, tea, water, and juice.

Help with set-up and clean-up will be greatly appreciated. Any questions? Contact Sueann Goretti at 927-8398 or [Sueanngoretti@gmail.com](mailto:Sueanngoretti@gmail.com).

### **Mark your calendar—**

- Saturdays, 8AM, Men's Breakfast in the Parish Hall
- 2<sup>nd</sup> Saturday of each month, 9AM-Noon, Julia's Gulch
- 4<sup>th</sup> Friday of each month, 7PM JLS (Just Love Singing)
- Thursdays, 10AM, Bible Study in the library
- Thursdays, 7PM Adult Catechumenate in the library
- Sundays, 11:30AM, Choir rehearsal
- Sundays, 9:00AM Bridging the Gap
- Saturday, January 31, Noon to 3:00PM Bloodmobile at St. Matthew Church
- Saturday, January 31, 5:30PM – Dr. Deirdre Good Supper and Lecture
- **Super Bowl Party!** Sunday, February 1 3:00PM at St. Matthew Church