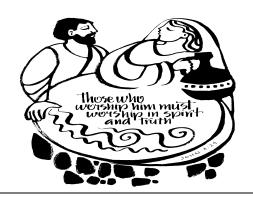


Saint Matthew Episcopal Church

In the Episcopal Diocese of Olympia 6800 Eastside Drive NE, Tacoma WA 98422

Ph: 253-927-9808

Office email: office@stmatthew.comcastbiz.net
Fr. Haynes' email: fatherkendall@gmail.com
Parish Website: www.neighborhoodparish.org



The Third Sunday in Lent March 23, 2014



The Holy Eucharist II

Gathering Music

If you believe

If You Believe and I Believe

If you believe and I believe,
And we together pray.
The Holy Spirit must come down,
And set God's people free.
And set God's people free.
And set God's people free.
The Holy Spirit must come down,
And set God's people free.

If you Believe and I Believe. Words: Zimbabwean traditional. Music: Zimbabwean traditional. Copyright 19 ; Use by Permission, All rights reserved reprinted under OneLicense.net A-722467

Processional to the Altar Here I am to worship (printed on page11 of the Worship Guide)

Celebrant: Bless the Lord who forgives all our sins. *People: His mercy endures for ever.*

Hear the commandments of God to his people: I am the Lord your God who brought you out of bondage. You shall have no other gods but me. *Amen. Lord have mercy.*

You shall not make for yourself any idol. *Amen. Lord have mercy.*

You shall not invoke with malice the Name of the Lord your God.

Amen. Lord have mercy.

Remember the Sabbath day and keep it holy. *Amen. Lord have mercy.*

Honor your father and your mother. *Amen. Lord have mercy.*

You shall not commit murder. *Amen. Lord have mercy.*

You shall not commit adultery. *Amen. Lord have mercy.*

You shall not steal. *Amen. Lord have mercy.*

You shall not be a false witness. *Amen. Lord have mercy.*

You shall not covet anything that belongs to your neighbor.

Amen. Lord have mercy.

Jesus said, "The first commandment is this: Hear, O Israel: The Lord our God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these." *Mark* 12:29-31

The Celebrant then says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,/we confess that we have sinned against you/in thought, word, and deed, /by what we have done,/and by what we have left undone./ We have not loved you with our whole heart;/ we have not loved our neighbors as ourselves. / We are truly sorry and we humbly repent. / For the sake of your Son Jesus Christ,/ have mercy on us and forgive us;/ that we may delight in your will,/and walk in your ways,/ to the glory of your Name. Amen.

The Priest stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

(8:00 Said three times. 10:00 Hymnal S 102)

Holy God, Holy and Mighty, Holy Immortal One, *Have mercy upon us.*

The Collect of the Day

Celebrant The Lord be with you.

People And also with you

Celebrant Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

A Reading from Exodus (17:1-7)

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of

it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, "Is the Lord among us or not?"

Reader The Word of the Lord. **People** Thanks be to God.

Silence

Psalm 95

(in unison after the first asterisk)

- Come, let us sing to the LORD; * let us shout for joy to the Rock of our salvation.
- 2 Let us come before his presence with thanksgiving * and raise a loud shout to him with psalms.
- For the LORD is a great God, * and a great King above all gods.
- In his hand are the caverns of the earth, * and the heights of the hills are his also.
- 5 The sea is his, for he made it, * and his hands have molded the dry land.
- 6 Come, let us bow down, and bend the knee, * and kneel before the LORD our Maker.
- For he is our God, and we are the people of his pasture and the sheep of his hand.
 * Oh, that today you would hearken to his voice!
- 8 Harden not your hearts, as your forebears did in the wilderness, * at Meribah, and on that day at Massah, when they tempted me.
- 9 They put me to the test, * though they had seen my works.
- 10 Forty years long I detested that generation and said, * "This people are wayward in their hearts; they do not know my ways."
- So I swore in my wrath, * "They shall not enter into my rest."

A Reading from Romans (5:1-11)

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Reader The Word of the Lord.People Thanks be to God.

Sequence Hymn #673 vss. 1-2 The first one ever

The Holy Gospel

The Holy Gospel of our Lord Jesus Christ According to John (4:5-42)

Glory to you, Lord Christ.

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan

woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saving to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Iesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you."

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me

everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him.

Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell vou, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor."

Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

The Gospel of the Lord. **Praise to you, Lord Christ.**

Hymn #673 vs. 3

The first one ever

The Sermon

Fr. Haynes

Silence for reflection

The Nicene Creed (Standing, as able.)

We believe in one God / the Father the Almighty / maker of heaven and earth / of all that is seen and unseen.

We believe in one Lord, Jesus Christ / the only Son of God / eternally begotten of the Father / God from God Light from Light / true God from true God / begotten, not made / of one Being with the Father / Through him all things were made / For us and for our salvation / he came down from heaven / By the power of the Holy Spirit / he became incarnate from the Virgin Mary, and was made man / For our sake he was crucified under Pontius Pilate / he suffered death and was buried. /On the third day he rose again / in accordance with the Scriptures / he ascended into heaven / and is seated at the right hand of the Father / He will come again in glory to judge the living and the dead / and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life / who proceeds from the Father and the Son / With the Father and the Son he is worshiped and glorified / He has spoken through the Prophets / We believe in one holy catholic and apostolic Church / We acknowledge one baptism for the forgiveness of sins / We look for the resurrection of the dead / and the life of the world to come. Amen.

Prayers of the People

Let us pray.

Heavenly Father, all are created in your image; help us to honor you by loving one another. Lord in your mercy, *hear our prayer*.

You challenge the powers and principalities of the world. We pray for our president, our congress, our courts and all who are in authority.

Lord in your mercy, *hear our prayer*.

You sent the prophets of old; inspire your church to prophetically seek justice, peace, and truth. Lord in your mercy, *hear our prayer*.

Lord Jesus, you gave to the Apostles the continuation of your ministry; bless all who minister in your church.

Lord in your mercy, *hear our prayer*.

You bind us together into One Body. We pray for your Holy Catholic Church, the Anglican Communion, especially for the Diocese of the Province of the Indian Ocean, our Diocese, especially St. George, Maple Valley; St. Luke, Renton and our parish Lord in your mercy, *hear our prayer*.

You called each of us to take up the cross; deepen our faith and strengthen our resolve to follow in your steps as we pray this week for our fellow parishioners Jill Little; Shriley Loflin; Aaron, Luella, Samantha, Jamie, Michael Loudenback. Lord in your mercy, *hear our prayer*.

You forgave the thief on the cross; bring us all to penitence and reconciliation. Lord in your mercy, *hear our prayer*.

You were rich yet for our sake you became poor; move us to share generously. Lord in your mercy, *hear our prayer*.

You lived as an exile in Egypt; protect and comfort all who are alone, isolated, fearful, or victimized. Lord in your mercy, *hear our prayer*.

You come in our midst as the Prince of Peace. We pray for peace and an end of violence, hatred, and terrorism in every heart and every land. We pray for our armed forces and those who are deployed especially Andrew, Josh, Michael, Sarah, and for those we now name....

Lord in your mercy, hear our prayer.

You healed by your touch and word; bless all through whom your healing gifts are given and bless all of those on our Prayer List, and those in our hearts, praying especially for Lyn, Lynn, Areewa, Eloise, Chris, Justo, Carmen, Stephen, Dave, Lisa, Barbara, Sue, Sarah, Mary, Harriet, Pete, Katrina, Rose and for those we now name.... Lord in your mercy, *hear our prayer*.

We thank you for all the blessings of this life especially those we now name...
Lord in your mercy, *hear our prayer*.

Holy Spirit, you touched the lives of innumerable saints; embrace the faithful departed, especially remembering Aileen Hedlund and Myrna Garner. Lord in your mercy, *hear our prayer*.

The Celebrant adds a concluding Collect.

Hasten, O Father, the coming of your kingdom in our Lenten fast. Mercifully grant that we your servants, who now live by faith, may with joy behold your Son at his rising from the tomb; all this we ask through Jesus Christ our only Mediator and Advocate. *Amen.*

The Peace

Celebrant The Peace of the Lord be always with vou.

People And also with you.

Announcements, Birthdays, Anniversaries

Persons celebrating anniversaries of birth, marriage and other joyous occasions are invited to come forward for prayer.

Offertory Hymn #686

Come, thou font of every blessing

The Great Thanksgiving - D

The Celebrant faces the people and says

Celebrant The Lord be with you.People And also with you.Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.People It is right to give him thanks and

praise.

The Celebrant proceeds

It is truly right to glorify you, Father, and to give you thanks; for you alone are God, living and true, dwelling in light inaccessible from before time and for ever.

Fountain of life and source of all goodness, you made all things and fill them with your blessing; you created them to rejoice in the splendor of your radiance.

Countless throngs of angels stand before you to serve you night and day; and, beholding the glory of your presence, they offer you unceasing praise.

Joining with them, and giving voice to every creature under heaven, we acclaim you, and glorify your Name, as we sing,

Celebrant and People

Sanctus S 130 Deutsche Messe (Said at 8:00; sung at 10:00)

Holy, Holy, Holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest.
Blessed is he who comes in the name of the Lord. Hosanna in the highest.

The people stand or kneel. The Celebrant continues

We acclaim you, holy Lord, glorious in power. Your mighty works reveal your wisdom and love. You formed us in your own image, giving the whole world into our care, so that, in obedience to you, our Creator, we might rule and serve all your creatures. When our disobedience took us far from you, you did not abandon us to the power of death. In your mercy you came to our help, so that in seeking you we might find you. Again and again you called us into covenant with you, and through the prophets you taught us to hope for salvation.

Father, you loved the world so much that in the fullness of time you sent your only Son to be our Savior. Incarnate by the Holy Spirit, born of the Virgin Mary, he lived as one of us, yet without sin. To the poor he proclaimed the good news of salvation; to prisoners, freedom; to the sorrowful, joy. To fulfill your purpose he gave himself up to death; and, rising from the grave, destroyed death, and made the whole creation new.

And, that we might live no longer for ourselves, but for him who died and rose for us, he sent the Holy Spirit, his own first gift for those who believe, to complete his work in the world, and to bring to fulfillment the sanctification of all.

When the hour had come for him to be glorified by you, his heavenly Father, having loved his own who were in the world, he loved them to the end; at supper with them he took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you. This is my Blood of the new Covenant, which is shed for you and for many for

the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Father, we now celebrate this memorial of our redemption. Recalling Christ's death and his descent among the dead, proclaiming his resurrection and ascension to your right hand, awaiting his coming in glory; and offering to you, from the gifts you have given us, this bread and this cup, we praise you and we bless you.

Celebrant and People

We praise you, we bless you, we give thanks to you, and we pray to you, Lord our God.

The Celebrant continues

Lord, we pray that in your goodness and mercy your Holy Spirit may descend upon us, and upon these gifts, sanctifying them and showing them to be holy gifts for your holy people, the bread of life and the cup of salvation, the Body and Blood of your Son Jesus Christ.

Grant that all who share this bread and cup may become one body and one spirit, a living sacrifice in Christ, to the praise of your Name.

Remember, Lord, your one holy catholic and apostolic Church, redeemed by the blood of your Christ. Reveal its unity, guard its faith, and preserve it in peace.

And grant that we may find our inheritance with the Blessed Virgin Mary, with patriarchs, matriarchs, prophets, apostles, and martyrs, all the saints who have found favor with you in ages past. We praise you in union with them and give you glory through your Son Jesus Christ our Lord.

Through Christ, and with Christ, and in Christ, all honor and glory are yours, Almighty God and Father, in the unity of the Holy Spirit, for ever and ever. *AMEN*.

Lord's Prayer (said at 8:00 and sung at 10:00) (printed on page 12 of the Worship Guide)

Celebrant: As our Savior Christ has taught us, we now pray,

Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.

Forgive us our sins as we forgive those who sin against us.

Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.

The Breaking of the Bread and Holy Communion

The Celebrant breaks the consecrated Bread.

A period of silence is kept.

Celebrant Christ our Passover is

sacrificed for us;

People Therefore let us keep the feast.

Facing the people, the Celebrant says the following Invitation

The Gifts of God for the People of God.

Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

The ministers receive the Sacrament in both kinds, and then immediately deliver it to the people.

The Bread and the Cup are given to the communicants with these words

The Body of Christ, the bread of heaven. [*Amen.*] The Blood of Christ, the cup of salvation. [*Amen.*]

This is our Lord's Table, and He is our host. All persons are invited to receive Holy Communion. Those who have yet to be baptized are encouraged to speak with the clergy after the service about becoming baptized into Christ's Body. Gluten free hosts are available upon request at the rail..

Communion Music

Peace Before Me

1. Peace before me

Peace behind me
Peace under my feet
Peace within me
Peace over me
Let all around me be peace.

- 2. Love...
- 3. Light...
- 4. Christ....
- 5. Alleluia...
- 6. Peace...

As a Deer

1. As a deer panteth for the water, So my soul longeth after thee. You alone are my heart's desire, And I long to worship Thee.

Refrain: You alone are my strength, my shield;
To you alone may my spirit yield.
You alone are my heart's desire,
And I long to worship Thee.

You're my friend and you are my brother,Even though you are a King.I love you more than any other,So much more than anything.

Refrain

I want you more than gold or silver.
 Only you can satisfy.
 You alone are the real joy giver,
 And the apple of my eye.

Refrain

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COMMISSIONING OF LAY EUCHARISTIC MINISTERS

To be used when the need is present to send out Lay Eucharistic Ministers

Priest: In the name of this congregation we send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's body and blood.

Presider and People: We who are many are one body because we all share one bread, one cup.

The Post Communion Prayer

Celebrant: Let us pray

The people kneel or stand

Celebrant and People

Almighty and everliving God,/ we thank you for feeding us with the spiritual food / of the most precious Body and Blood/ of your Son our Savior Jesus Christ;/ and for assuring us in these holy mysteries/ that we are living members of the Body of your Son, /and heirs of your eternal kingdom./And now, Father, send us out /to do the work you have given us to do,/ to love and serve you / as faithful witnesses of Christ our Lord/ To him, to you, and to the Holy Spirit,/be honor and glory, now and for ever. Amen.

The Solemn Prayer over the People

Celebrant

Keep this your family, Lord, with your never-failing mercy, that relying solely on the help of your heavenly grace, they may be upheld by your divine protection; through Christ our Lord. *Amen.*

Process to the neighborhood

Fear not! Rejoice and be glad

Fear Not, Rejoice and Be Glad

Refrain: Fear not, rejoice and be glad,

The Lord hath done a great thing; Hath poured out his Spirit on all

mankind,

On those who confess his name.

- The fig tree is budding, the vine beareth fruit,
 The wheat fields are golden with grain.
 Thrust in the sickle, the harvest is ripe,
 The Lord has given us rain.
- Ye shall eat in plenty and be satisfied,
 The mountains will drip with sweet wine.
 My children shall drink of the fountain of life,
 My children will know they are mine.
- My people shall know that I am the Lord, Their shame I have taken away. My spirit will lead them together again.

My spirit will show them the way.

My children shall dwell in a body of love,
 A light to the world they will be.
 Life shall come forth from the Father above,
 My body will set mankind free.

Fear not! Rejoice and be Glad, words based on Joel 2,3,4, music by Priscilla Wright
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St. Matthew Mission Statement

St. Matthew Church: To be a church that passionately embraces and values all people, growing in the love of Christ through word and action.

Celebrant Go in peace to love and serve the Lord.

People Thanks be to God.

Today's Prayer List

Lyn Zimmerman – Myotonic Dystrophy

Lynn Tanner - kidney disease

Areewa Saray – imprisonment

Eloise Page (friend of Tom & Elaine Taylor) - hospice

Chris Quinn-Britnall - cancer

Justo Fernandez (brother of Agueda Fernandez-Webster) – Muscular Dystrophy and bitterness

Carmen Planas (aunt of Agueda Fernandez-Webster) – broken leg and dementia

Stephen Peterson (son of Tom & Judy Peterson) – back pain Dave Hopkins – pain management and balance

Lisa Arnold (niece of Kerry & Deborah Abbington) – breast Cancer

Barbara Cashman – general health (sodium levels) Sue Ayers (friend of several parishioners) – pancreatic cancer

Sarah (sister of Lydia Nabawanga) – recovery after heart surgery and grief following the death of her husband

Mary Saray - health and discernment

Harriet Anderson - congestive heart failure and heart disease

Fr. Pete Stanton – recovering from fall

Katrina Goodjoint (sister of Lorina Goodjoint) – kidney issues

Rose Barg – discernment of different treatment options for a medical issue she is facing

To add someone or take someone off the prayer list, email saintmatthewpastoralcare@gmail.com . Thanks!

Special Ministers Today

Celebrant Worship Leader Eucharistic Minister Lector Acolytes

8

The Rev. Kendall Haynes Dick Elofson Kitty Walker Art Ladley

	Zawadi Chege
Ushers	Bob Witter
	Dan Dawes
Greeters	Tom Peterson
	Jim Sloan
Eucharistic Visitor	Kitty Walker
Bread Maker	Marian Oberg
Altar Guild	Jill Little
	Sue Inglis

Counters Mary Jo Hopkins
Art Ladley
Jim Oberg

Coffee Hour Tom & Judy Peterson Kitty Walker

Bell Ringers Haley Lepkowski
Altar Guild Directress Janet Witter

St Matthew Episcopal Church Staff

Head of the Church
Bishop of Olympia
Priest in Charge
Administrator
Church Sexton
Pianist
Church Photographer

Jesus Christ our Lord
The Rt. Rev. Gregory Rickel
The Rev. Kendall Haynes
Agueda Fernández-Webster
Saray Yuorn
Maria McKanzie
John Hibben

St Matthew Episcopal Church Vestry

Tom Peterson
Sueann Goretti
Anna Jackson
Jon Kuniyoshi
Kitty Walker
Kate Gould
Sueann Goretti
John Kennedy
Moses Chege
Liz Latsis

St Matthew Episcopal Church Vestry Officers

Treasurer Art Ladley **Clerk of the Vestry** Sandy Goretti

Announcements

<u>Tuesday Night Lenten Series</u>—with the Rev. Dr. Frank Spina @ **6:30 PM (all gatherings)**

- March 25 at St. Matthew Episcopal Church, Brown's Point
- April 1 at Good Shepherd Episcopal Church, Federal Way
- April 8 at St. Matthew Episcopal Church, Brown's Point

Most of us love biblical stories, and for good reason. The epic Story constitutes our Christian identity. We preach from biblical stories, sing about them, sometimes enact or dance to them, discuss them, and teach them to the children. In countless ways, the big picture biblical Story and the many smaller biblical stories bless us deeply.

Bible stories to be discussed are "Climbing Jacob's Ladder: Great Song, but Better Story" (Genesis 28:10-22; 35:1-15); "David and Goliath: It's Not a David and Goliath Story" (1 Samuel 16-17); "Jonah and the Whale, There's No Whale!, Jonah"; and "The Feeding of the Five Thousand, When Enough is Not Enough" (Mark 6:30-52; 8:1-21).

The teaching series will be led by The Reverend Dr. Frank Spina, Professor of Old Testament and Biblical Studies at Seattle Pacific University and Priest Associate at St. Margaret's Episcopal Church, Bellevue.

The series starts at **6:30 PM** with a soup dinner and the teaching starts at 7:15 PM. All are welcome to attend. For more information contact Church of the Good Shepherd, 345 South 312th Street, Federal Way, 253-839-6100, www.goodshepherdfw.org. or St. Matthew, 6800 Eastside Drive NE, Browns Point, 253-927-9808, www.neighborhoodparish.org.

Bridging the Gap— Next Sunday, March 30th we will have the second DVD lecture/discussion in our new series "The History of Christian Theology". This week's subject is Early Christian Proclamation where we will look at the earliest Christian theological writings in the New Testament. Bridging the Gap begins around 9:00 am but feel free to drop in anytime during the discussion. We promise you an interesting lecture, great conversation, a terrific cup of coffee and welcoming fellowship. Come join us.

Announcements (continued):

Stations of the Cross – Fridays—in Lent at 6PM. Stations of the Cross or the Way of Sorrows is the fourteen point journey acknowledging Jesus' experience from being condemned to death to the tomb. This is a fabulous and contemplative liturgy that interactively serves as a pilgrimage for us as believers. Please join us for this ancient and profound discipline!

Outreach— our community partner, Northeast Tacoma Elementary School is looking for adult mentors to help their students with planting, maintaining and harvesting a garden at the school. If you are interested is helping grade school students learn about gardening, nature and plant biology there will be a sign-up sheet on the table in the Narthex. Thanks in advance for your help from your Outreach Co-Mission.

Mark your calendar—

- Men's Breakfast, every Saturday 8AM in the Parish Hall
- ➤ Adult Catechumenate, every Thursday at 7PM and every Friday at 9AM
- Station of the Cross, every Friday at 6PM (during Lent)
- Tuesday, March 25, 6:30PM Tuesday Night Lenten Series (@ St. Matthew)
- Tuesday, April 1, 6:30PM Tuesday Night Lenten Series (@ Good Shepherd, Federal Way)
- Tuesday, April 8, 6:30PM Tuesday Night Lenten Series (@ St. Matthew)
- Saturday, April 12, 9AM-Noon Julia's Gulch