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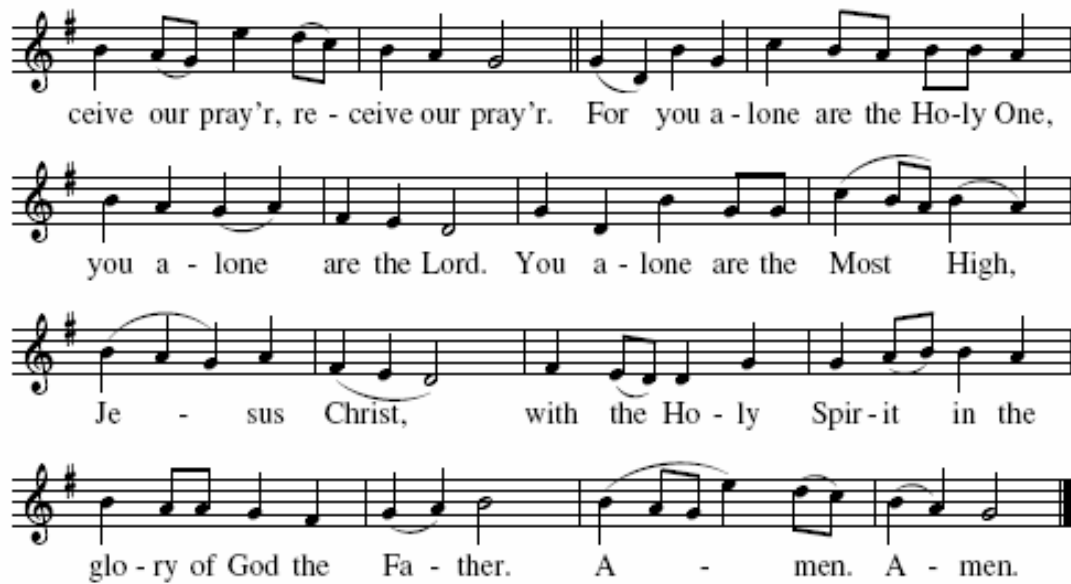
THE BOOK OF COMMON PRAYER

Prelude*Please stand***Processional:** Praise, my soul, the King of heaven..... Hymnal # 410**The Opening Acclamation**.....BCP pg. 355**Celebrant:** Blessed be God: Father, Son, and Holy Spirit.**People:** And blessed be his kingdom, now and for ever. Amen.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.*

Gloria


Glo-ry, glo-ry to God in the high-est, and peace to his
 peo - ple on earth. Lord God, heav-en-ly King, al - might-y God and
 Fa - ther. We wor - ship you, we give you thanks, we
 praise you for your glo - ry, we praise you for your glo - ry,
 Lord, Lord Je - sus Christ, on - ly Son of the Fa - ther,
 Lord God, Lamb of God, you take a-way the sin of the world, have
 mer-cy on us, You are seat-ed at the right hand of the Fa - ther, re -



The Collect of the Day

Celebrant: The Lord be with you.

People: And also with you.

Celebrant: Let us pray.

O God, the strength of all who put their trust in you: Mercifully accept our prayers; and because in our weakness we can do nothing good without you, give us the help of your grace, that in keeping your commandments we may please you both in will and deed; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

The Word of God

Please be seated

First Lesson: Deuteronomy 30:15-20

Moses said to all Israel the words which the Lord commanded him, "See, I have set before you today life and prosperity, death and adversity. If you obey the commandments of the LORD your God that I am commanding you today, by loving the LORD your God, walking in his ways, and observing his commandments, decrees, and ordinances, then you shall live and become numerous, and the LORD your God will bless you in the land that you are entering to possess. But if your heart turns away and you do not hear, but are led astray to bow down to other gods and serve them, I declare to you today that you shall perish; you shall not live long in the land that you are crossing the Jordan to enter and possess. I call heaven and earth to witness against you today that I have set before you life and death, blessings and curses. Choose life so that you and your descendants may live, loving the

LORD your God, obeying him, and holding fast to him; for that means life to you and length of days, so that you may live in the land that the LORD swore to give to your ancestors, to Abraham, to Isaac, and to Jacob."

Reader: The Word of the Lord.

People: Thanks be to God.

Psalm 119:1-8 (*Hallock*)



Choir: *Happy are they whose way is blameless, who walk in the law of the Lord! Happy are they who observe his decrees and seek him with all their hearts!* **Antiphon.**

Choir: *Who never do any wrong, but always walk in his ways. You laid down your commandments, that we should fully keep them. Antiphon.*

Choir: *Oh, that my ways were made so direct that I might keep your statutes! Then I should not be put to shame, when I regard all your commandments.* **Antiphon.**

Choir: *I will thank you with an unfeigned heart, when I have learned your righteous judgments. I will keep your statutes; do not utterly forsake me.* **Antiphon.**

From the *Ionian Psalter*, Copyright 1986 by IONIAN ARTS, Inc. – Peter Hallock
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Second Lesson: 1 Corinthians 3:1-9

Brothers and sisters, I could not speak to you as spiritual people, but rather as people of the flesh, as infants in Christ. I fed you with milk, not solid food, for you were not ready for solid food. Even now you are still not ready, for you are still of the flesh. For as long as there is jealousy and quarreling among you, are you not of the flesh, and behaving according to human inclinations? For when one says, "I belong to Paul," and another, "I belong to Apollos," are you not merely human? What then is Apollos? What is Paul? Servants through whom you came to believe, as the Lord assigned to each. I planted, Apollos watered, but God gave the growth. So neither the one who plants nor the one who waters is anything, but only God who gives the growth. The one who plants and the one who waters have a common purpose, and each will receive wages according to the labor of each. For we are God's servants, working together; you are God's field, God's building.

Reader: The Word of the Lord.

People: Thanks be to God.

Gradual: Take up your crossHymnal # 675 (1,2,3/4,5)
Please stand

Deacon: The Holy Gospel of our Lord Jesus Christ according to St. Matthew.

People: Glory to you, Lord Christ.

The Gospel: Matthew 5:21-37

Jesus said, "You have heard that it was said to those of ancient times, 'You shall not murder'; and 'whoever murders shall be liable to judgment.' But I say to you that if you are angry with a brother or sister, you will be liable to judgment; and if you insult a brother or sister, you will be liable to the council; and if you say, 'You fool,' you will be liable to the hell of fire. So when you are offering your gift at the altar, if you remember that your brother or sister has something against you, leave your gift there before the altar and go; first be reconciled to your brother or sister, and then come and offer your gift. Come to terms quickly with your accuser while you are on the way to court with him, or your accuser may hand you over to the judge, and the judge to the guard, and you will be thrown into prison. Truly I tell you, you will never get out until you have paid the last penny. "You have heard that it was said, 'You shall not commit adultery.' But I say to you that everyone who looks at a woman with lust has already committed adultery with her in his heart. If your right eye causes you to sin, tear it out and throw it away; it is better for you to lose one of your members than for your whole body to be thrown into hell. And if your right hand causes you to sin, cut it off and throw it away; it is better for you to lose one of your members than for your whole body to go into hell. "It was also said, 'Whoever divorces his wife, let him give her a certificate of divorce.' But I say to you that anyone who divorces his wife, except on the ground of unchastity, causes her to commit adultery; and whoever marries a divorced woman commits adultery. "Again, you have heard that it was said to those of ancient times, 'You shall not swear falsely, but carry out the vows you have made to the Lord.' But I say to you, Do not swear at all, either by heaven, for it is the throne of God, or by the earth, for it is his footstool, or by Jerusalem, for it is the city of the great King. And do not swear by your head, for you cannot make one hair white or black. Let your word be 'Yes, Yes' or 'No, No'; anything more than this comes from the evil one.

Deacon: The Gospel of the Lord.

People: Praise to you, Lord Christ.

Please be seated

The Sermon:Fr. Haynes

Please stand

The Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father.

Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshipped and glorified. He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Please kneel

The Prayers of the People

Let us pray.

For the whole church of God, that it may grow in unity and servanthood. We pray especially for Bartholomew, Ecumenical Patriarch of Constantinople, Benedict XVI, Bishop of Rome, Rowan, Archbishop of Canterbury, Katharine our presiding bishop, Greg our bishop, for priests, deacons and all who minister in Christ, and for all the holy people of God.

Lord in your mercy, *hear our prayer.*

For our school and our parish, that in this life we may grow in love for one another and for all people.

Lord in your mercy, *hear our prayer.*

For all the leaders, especially Barack, our president, and people of the world, that reconciliation and peace may overcome conflict and oppression. We pray for our armed forces and those who are deployed [especially].

Lord in your mercy, *hear our prayer.*

For the hungry in body, mind or spirit, that they may be nourished by your presence and truth.

Lord in your mercy, *hear our prayer.*

For the sick and those in pain, for the lonely and the forgotten, for the dying and all who mourn, that your healing grace may shine forth in the shadows of this world. We pray for all those on our prayer list and those in our hearts, especially... and for those we now name....

Lord in your mercy, *hear our prayer.*

For the gifts of joy and love, that we may bear witness to the manifestations of your glory. We give thanks for all the blessings of this life, especially for the gift of life itself as we celebrate this week the birthday(s) of ... [and the wedding anniversary(ies) of ...] and for other blessings we now name....

Lord in your mercy, *hear our prayer.*

For those who have died and now abide in Christ's presence, [remembering especially this week ...]

Lord in your mercy, *hear our prayer.*

Confession of Sin

We pray to you also for the forgiveness of our sins.

Leader and People:

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. *Amen.*

Absolution

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

Please stand

The Peace

Celebrant: The peace of the Lord be always with you.

People: And also with you.

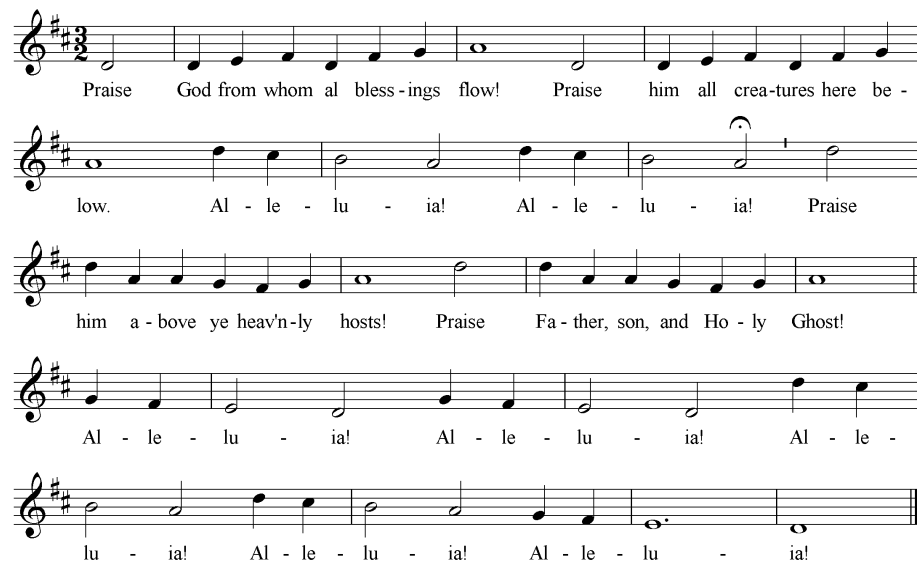
Celebration Prayer

Watch over your children, O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may your peace which passes understanding abide all the days of their lives; through Jesus Christ our Lord. *Amen.*

Offertory Anthem: God so loved the world from "Crucifixion"..... Stainer


Please stand

Doxology



Praise God from whom al bless - ings flow! Praise him all crea - tures here be -
low. Al - le - lu - ia! Al - le - lu - ia! Praise
him a - bove ye heav'n - ly hosts! Praise Fa - ther, son, and Ho - ly Ghost!
Al - le - lu - ia! Al - le - lu - ia! Al - le -
lu - ia! Al - le - lu - ia! Al - le - lu - ia!

THE GREAT THANKSGIVING Eucharistic Prayer B



Celebrant The Lord be with you. *People* And al - so with you.
Celebrant Lift up your hearts. *People* We lift them to the Lord.
Celebrant Let us give thanks to the Lord our God.
People It is right to give him thanks and praise.

Celebrant: It is right and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus et Benedictus

The musical score is written for a two-part setting (Soprano and Bass) in B-flat major, 4/4 time. It consists of five systems of staves. The lyrics are: "Ho - ly, ho - ly, ho - ly Lord, God of power and might, Ho - ly, ho - ly, ho - ly Lord, God of power and might, hea - ven and earth are full, full of your glo - ry. Ho - san - na in the high - est. Ho - san - na". The melody is simple and hymn-like, with a focus on the words "Ho - ly" and "san - na". The accompaniment is a simple harmonic support.

Ho - ly, ho - ly, ho - ly Lord, God of power and

might, Ho - ly, ho - ly, ho - ly Lord,

God of power and might, hea - ven and earth are

full, full of your glo - ry. Ho -

san - na in the high - est. Ho - san - na

in the high - est. Bless - ed is he who comes

in the name of the Lord. Ho - san - na

in the high - est. Ho - san - na in the high - est.

Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

Celebrant and People

We remember his death,
We proclaim his resurrection,
We await his coming in glory;

The Celebrant continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with the Blessed Virgin Mary and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN.*

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, *who art in heaven,*
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.

The Breaking of the Bread

Celebrant: Alleluia. Christ our Passover is sacrificed for us;

People: Therefore let us keep the feast. Alleluia.

Agnus Dei

Je - sus, Lamb of God: have mer - cy on us.

Je - sus, bear - er of our sins: have mer - cy on us.

Je - sus, re - deem - er, re - deem - er of the world:

give us your peace, give us your peace.

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

The Communion of the People

Gluten free hosts are available on request at the rail.

Invitation to Communion

This is our Lord's Table, and He is our host. All baptized persons are invited to receive Holy Communion. Those who have yet to be baptized are invited to come forward for a blessing and are encouraged to speak with one of the clergy after the service about becoming baptized into Christ's Body.

Communion Antiphon: *The people ate and were well satisfied; for the Lord gave them grain from heaven. They were not disappointed for he gave them what they craved. Hear my teaching, O my people, incline your ear to the words of my mouth.*

Communion Hymn #1: Creator Spirit, by whose aid..... Hymnal # 500

Communion Hymn #2: Draw night and take the body of the Lord Hymnal # 328

Please remain kneeling

Celebrant: Let us pray.

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. *Amen.*

The Blessing

May Christ, the Son of God, be manifest in you, that your lives may be a light to the world; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. *Amen.*

Please stand

The Dismissal

Deacon: Let us go forth in the name of Christ.

People: Thanks be to God.

Proclamation: King of glory, King of peace Hymnal # 382

Postlude

*Please join us for the Adult Forum and Coffee Hour in the Parish Hall following the Mass.
We are so glad you are here!*

Today's Liturgy

Liturgists

8:45 a.m.

Lay Readers – Sarah Blocki, Lee Artman

LEM's – Judy Bungay, Donna P. Snyder

Ushers – Rich Stewart

Acolytes – Lauren Dudley, Amanda Snyder, Katie Dunkelberger

Greeters – Sam & Sandi Insalaco

10:45 a.m.

Lay Readers – Beth Bowen, Sidney Cloud

LEM's – Jan Morrison, Steve Dunkelberger

Usher – Paul Bocchi

Acolytes – Andrew Gonzalez, Isaac Johnston, Arden Johnson

Greeter – Sylvia Poyner

Altar Flowers

The altar flowers are given by Ethel Bonifant in loving memory of her husband, Bonnie, and her grandson Eric Bonifant. Terry and Walli Roarke in thanksgiving for the birthday of their son, Sam Grubb. Clyde and Jean Kalahan in thanksgiving for the birthday of their grandson, Cody Geddes. Peter and Marylu Wallerich in thanksgiving for the birthday of Peter Evan Wallerich Neils. Bruce and Nancy McDonald in thanksgiving and in celebration of the birthday of their granddaughter, Lita Blue Burke.

Remembrances for the Week

Birthdays

14 Preston Bocchi	17 James Rawlings
15 Darliss Saylor	17 Max Semerad
15 Donna P. Snyder	18 Wendy Huntington
15 Clair Bridgeford	18 Lindon Coulter-Peterson
15 Matthew Howard	19 Marion Schwartz

Death Anniversaries

15 Elbert Baker II
15 T. Lawrence Smith
16 Elizabeth "Betty" Gallagher
18 Wava Geisler
18 Ed Przasnyski
19 Zoe Chalmers

Prayers for Healing & Comfort

Sharon Olsen, Stephanie Huntington, Ruth Bartels, Lynne Sawyer, Ivey & Chris Powell, Tana Nasart, Mary Jane Biethan, Skip Peterson, Sheryl Archibald, Pat Nordgren, Rylie Hunt, Filomena Lasky, Mary Lasky, Clare Bungay, Cindy O'Sullivan, Marilyn Cowan, John Hazelbaker, Freddie Davis, Derrick Dawson, Glenda Smith, Grace Boyd, Barbara Clarke, Bill & June Tennyson, Phil Franks, Jennifer, Kay Suiter, Jo Jastad, Evan, Pat Spruill, Bertha James, Doris Sanders, Michael, Elsie Bredberg, Vicki Claypool, Wendell Dutt, Michael McCann, Nancy Mace, Eileen Bisson, Keturah Morris, Bess Cawthra, Walter Merton, Erik Rostedt, Marion Schwartz, Paul Kosct, Bill Clark, Peter Wallerich, Ethel Bonifant, Zoe Emerson, Jean Newell.

For the Deployed

Carl, Roger, Darren, Ed, Steven, Josie, Jim, Michael, Adam

Repose of the Soul

Sylvia Childs (Mother-in-law of our teacher, Cindy Childs)

Special Occasion

Congratulations to Scott and Kathy Hulet on the wedding of their daughter, Charissa to Aaron, on Saturday, February 5, 2011.

Congratulations to Doris Sherrill and David Wheeler who were joined together in Holy Matrimony yesterday, February 12, 2011, at Christ Church, Tacoma.

St. Mary's Rummage Sale – February 18th & 19th

Our next Rummage Sale will be held on Friday, Feb. 18th and Saturday, Feb. 19th, from 9 a.m. to 5 p.m.. We are accepting donated items which can be dropped off at the church anytime between 9 am and 5 pm, Monday thru Friday. **Cutoff date for dropping off items is TODAY.**

Parent's Night Out for Military Families – Feb. 25th - 6 pm

St. Mary's Military Support Group is sponsoring this event in the parish hall. All military families of St. Mary's church and school are invited to have parents take a break and we will care for your children for that evening. For children ages 3 to 11 (must be potty trained). We will provide dinner, movies and other activities for the children. To participate, ***please call Judy Turcotte, 581-7381 no later than Feb. 24th.***

It's Coming.... "Christ Walk" Lenten Program

An amazing thing will happen this Lent at St. Mary's. We will get to exercise and eat at the same time! Wednesday Lenten Suppers return with various groups within the church catering a lovely soup and salad each **Wednesday beginning March 16th at 6 p.m.** in the parish hall. Dinner will be followed by the program which is a 40-day walking program that encompasses mind, body, and spiritual health during the 40 days of Lent. Sign up in the narthex.....***Childcare will be provided.***

Save this Date! – Wednesday, March 2, 2011 – 12 Noon-1 pm



Tacoma/Pierce County Habitat for Humanity will be hosting a "Changing Lives" Luncheon at ***Hotel Murano, 1320 Broadway Plaza downtown Tacoma.*** St. Mary's invites you to be part of a table of 10 in support of this annual luncheon to celebrate the completion of 185 affordable family homes throughout Pierce County. We plan on being a part of building more homes in the Tillicum area, to begin this spring. Call Craig Doupe, 581-7059 or Terri Lolcama, (360)754-8819 for reservations or sign up in the narthex.

New Refrigerator Update – Last Call

The new refrigerator has been installed and is working great. As was mentioned a couple of months back, our 44 year old Traulsen commercial refrigerator in the parish hall kitchen has met its useful end in that it no longer refrigerates below 40° F. Between our sexton and our rector, some 40 vendors were researched nationwide to find the best replacement for this appliance. We have found the best deal for the exact replacement at Bargreen-Ellingson Restaurant Equipment & Supplies right here in Tacoma. The cost is **\$2994.82** [MSRP \$8170.00] which included free shipping and no sales tax. This is a significant capital expenditure and **it is requested of the parish to cover the cost above our budget.** Monies collected earlier for "the shed" (approximately \$250.00) have been applied to the refrigerator. So far we have received **\$2,605.00!** Keep up the good work! **Thank you!**

