

Saint Matthew Episcopal Church In the Episcopal Diocese of Olympia 6800 Eastside Drive NE, Tacoma WA 98422 Ph: 253-927-9808 Office email: office@stmatthew.comcastbiz.net

Fr. Haynes' email: <u>fatherkendall@gmail.com</u> Parish Website: <u>www.neighborhoodparish.org</u>



The Sixteenth Sunday after Pentecost Proper 23

September 28, 2014

The Liturgy of The Holy Eucharist II

Gathering Music

Majesty

<u>Majesty</u>

Majesty, worship His majesty. Unto Jesus be all glory, power and praise. Majesty, kingdom authority flow from His throne unto His own, His anthem raise. So exalt, lift up on high the name of Jesus. Magnify, come glorify Christ Jesus, the King. Majesty, worship His majesty. Jesus, who died, now glorified, King of all Kings.

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Procession to the Altar Hymn #482

Lord of all hopefulness

Celebrant: Blessed be God: Father, Son, and Holy Spirit.
People: And blessed be his kingdom, now and for ever. Amen.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.* **Gloria** said at 8am; *Sing Halleluia* sung at 10am – (*Printed on page 10 of the Worship Guide*)

Glory to God in the highest, and peace to his people on earth.

Lord God, heavenly King, almighty God and Father,

we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

The Collect of the Day

CelebrantThe Lord be with you.PeopleAnd also with youCelebrantLet us pray.

O God, you declare your almighty power chiefly in showing mercy and pity: Grant us the fullness of your grace, that we, running to obtain your promises, may become partakers of your heavenly treasure; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

A Reading from Ezekiel

(18:1-4, 25-32)

The word of the LORD came to me: What do you mean by repeating this proverb concerning the land of Israel, "The parents have eaten sour grapes, and the children's teeth are set on edge"? As I live, says the Lord GOD, this proverb shall no more be used by you in Israel. Know that all lives are mine; the life of the parent as well as the life of the child is mine: it is only the person who sins that shall die.

Yet you say, "The way of the Lord is unfair." Hear now, O house of Israel: Is my way unfair? Is it not your ways that are unfair? When the righteous turn away from their righteousness and commit iniquity, they shall die for it; for the iniquity that they have committed they shall die. Again, when the wicked turn away from the wickedness they have committed and do what is lawful and right, they shall save their life. Because they considered and turned away from all the transgressions that they had committed, they shall surely live; they shall not die. Yet the house of Israel says, "The way of the Lord is unfair." O house of Israel, are my ways unfair? Is it not your ways that are unfair?

Therefore I will judge you, O house of Israel, all of you according to your ways, says the Lord GOD. Repent and turn from all your transgressions; otherwise iniquity will be your ruin. Cast away from you all the transgressions that you have committed against me, and get yourselves a new heart and a new spirit! Why will you die, O house of Israel? For I have no pleasure in the death of anyone, says the Lord GOD. Turn, then, and live.

ReaderThe Word of the Lord.PeopleThanks be to God.

Psalm 25:1-8

(Read in unison after the first asterisk)

- 1 To you, O LORD, I lift up my soul; my God, I put my trust in you; * let me not be humiliated, nor let my enemies triumph over me.
- 2 Let none who look to you be put to shame; * let the treacherous be disappointed in their schemes.

- 3 Show me your ways, O LORD, * and teach me your paths.
- 4 Lead me in your truth and teach me, * for you are the God of my salvation; in you have I trusted all the day long.
- 5 Remember, O LORD, your compassion and love, * for they are from everlasting.
- 6 Remember not the sins of my youth and my transgressions; * remember me according to your love and for the sake of your goodness, O LORD.
- 7 Gracious and upright is the LORD; * therefore he teaches sinners in his way.
- 8 He guides the humble in doing right * and teaches his way to the lowly.

A Reading from Philippians (2:1-13)

If then there is any encouragement in Christ, any consolation from love, any sharing in the Spirit, any compassion and sympathy, make my joy complete: be of the same mind, having the same love, being in full accord and of one mind. Do nothing from selfish ambition or conceit, but in humility regard others as better than yourselves. Let each of you look not to your own interests, but to the interests of others. Let the same mind be in you that was in Christ Jesus, who, though he was in the form of God, did not regard equality with God as something to be exploited, but emptied himself, taking the form of a slave, being born in human likeness. And being found in human form, he humbled himself and became obedient to the point of death-- even death on a cross.

Therefore God also highly exalted him and gave him the name that is above every name, so that at the name of Jesus every knee should bend, in heaven and on earth and under the earth, and every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.

Therefore, my beloved, just as you have always obeyed me, not only in my presence, but much more now in my absence, work out your own salvation with fear and trembling; for it is God who is at work in you, enabling you both to will and to work for his good pleasure. ReaderThe Word of the LordPeopleThanks be to God

Gradual Hymn #337 vss. 1, 2

And now, O Father, mindful of the love

The Holy Gospel of our Lord Jesus Christ According to Matthew (21:23-32)

Glory to you, Lord Christ.

When Jesus entered the temple, the chief priests and the elders of the people came to him as he was teaching, and said, "By what authority are you doing these things, and who gave you this authority?" Jesus said to them, "I will also ask you one question; if you tell me the answer, then I will also tell you by what authority I do these things. Did the baptism of John come from heaven, or was it of human origin?" And they argued with one another, "If we say, `From heaven,' he will say to us, 'Why then did you not believe him?' But if we say, `Of human origin,' we are afraid of the crowd; for all regard John as a prophet." So they answered Jesus, "We do not know." And he said to them, "Neither will I tell you by what authority I am doing these things.

"What do you think? A man had two sons; he went to the first and said, `Son, go and work in the vineyard today.' He answered, `I will not'; but later he changed his mind and went. The father went to the second and said the same; and he answered, `I go, sir'; but he did not go. Which of the two did the will of his father?" They said, "The first." Jesus said to them, "Truly I tell you, the tax collectors and the prostitutes are going into the kingdom of God ahead of you. For John came to you in the way of righteousness and you did not believe him, but the tax collectors and the prostitutes believed him; and even after you saw it, you did not change your minds and believe him."

The Gospel of the Lord. **Praise to you, Lord Christ.**

Gradual Hymn #337 vss. 3, 4

And now, O Father, mindful of the love

The Sermon

Fr. Haynes

Silence for reflection

The Nicene Creed (Standing, as able.)

We believe in one God, / the Father, the Almighty, / maker of heaven and earth, / of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, / the only Son of God, / eternally begotten of the Father, / God from God, Light from Light. / true God from true God, / begotten, not made, / of one Being with the Father. / Through him all things were made. / For us and for our salvation / he came down from heaven: / by the power of the Holy Spirit / he became incarnate from the Virgin Mary, and was made man. / For our sake he was crucified under Pontius Pilate; / he suffered death and was buried. /On the third day he rose again / in accordance with the Scriptures; / he ascended into heaven / and is seated at the right hand of the Father. / He will come again in glory to judge the living and the dead, / and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, / who proceeds from the Father and the Son. / With the Father and the Son he is worshiped and glorified. / He has spoken through the Prophets. / We believe in one holy catholic and apostolic Church. / We acknowledge one baptism for the forgiveness of sins. / We look for the resurrection of the dead, / and the life of the world to come. Amen.

Prayers of the People

Let us pray for the Church and for the world.

Grant, Almighty God that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world. We pray for the Anglican Communion, especially for The Episcopal Church, our diocese, especially for St. Peter, Seaview; St. David of Wales/San David, Shelton; St. Christopher, Westport and for our parish, especially for our parishioners Tom & Judy Peterson; Bob & Dar Pirie; Pamela Reed.

Lord, in your mercy, *Hear our prayer*

Guide the people of this land, and of all the nations, especially Barack our President, in the ways of justice and peace; that we may honor one another and serve the common good. We pray for our armed forces, their families, and those who are deployed, especially Andrew & Michael and for those we now name;

Lord, in your mercy, *Hear our prayer.*

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Lord, in your mercy, *Hear our prayer.*

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us. We thank you for all the blessings of this life, especially for those we now name.

Lord, in your mercy, *Hear our prayer*

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation. We pray for those who are in danger and distress in this world and we pray that your justice, compassion, and mercy may work in us and through us as we proclaim the New Day of your Kingdom. We pray also for those individuals on our prayer list and those in our hearts, especially for Lyn, Areewa, Eloise, Justo, Carmen, Stephen, Dave, Sarah, Harriet, Katrina, Mary, Corretta, Paulett, Heather, Justin, Tommy, Ginny, Maryann, Lila, Bill, Brenda, Beth & Kendall, Tom, Ayrton and for those we now name

Lord, in your mercy, *Hear our prayer.*

We commend to your mercy all who have died, that your will for them may be fulfilled. We pray that we may share with all your saints in your eternal kingdom.

Lord, in your mercy, *Hear our prayer.*

Celebrant

Eternal God, in whose perfect kingdom no sword is drawn but the sword of righteousness, no strength known but the strength of love: So mightily spread abroad your Spirit, that all peoples may be gathered under the banner of the Prince of Peace, as children of one Father; to whom be dominion and glory, now and for ever. **Amen.**

Let us confess our sins against God and our neighbor.

Leader and People

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Celebrant

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen*

The Peace

Celebrant The Peace of the Lord be always with you.*People* And also with you.

Announcements, Birthdays, Anniversaries

Offertory Hymn #657

Love Divine

The Great Thanksgiving C

The people remain standing. The Celebrant faces them and says

Celebrant:	The Lord be with you.
People:	And also with you.
Celebrant:	Lift up your hearts.
People:	We lift them to the Lord.
Celebrant:	Let us give thanks to the Lord our
	God.
People:	It is right to give him thanks and
	praise.

Then, facing the Holy Table, the Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise. *Glory to you for ever and ever.*

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

By his blood, he reconciled us. By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Celebrant and People

Sanctus

8:00 am (spoken), 10:00 am Sanctus (sung) (Printed on page 10 of the Worship Guide)

Holy, Holy, Holy Lord, God of power and might, heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

The people stand or kneel.

Then the Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the

Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving, *We celebrate his death and resurrection, as we await the day of his coming.*

Lord God of our Fathers; God of Abraham, Isaac, and Jacob; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. *AMEN.*

Lord's Prayer said at 8 am & sung at10 am (Printed on page 11 of the Worship Guide)

Celebrant As our Savior Christ has taught us, we now pray,

Our father in heaven hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us this day our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.

The Breaking of the Bread and Holy Communion

The Celebrant breaks the consecrated Bread.

A period of silence is kept.

Then the Celebrant says

[Alleluia.] Christ our Passover is sacrificed for us; *Therefore let us keep the feast.* [Alleluia.]

Facing the people, the Celebrant says the following Invitation

The Gifts of God for the People of God.

Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

The ministers receive the Sacrament in both kinds, and then immediately deliver it to the people.

The Bread and the Cup are given to the communicants with these words

The Body of Christ, the bread of heaven. [*Amen.*] The Blood of Christ, the cup of salvation. [*Amen.*]

This is our Lord's Table, and He is our host. All persons are invited to receive Holy Communion. Those who have yet to be baptized are encouraged to speak with the clergy after the service about becoming baptized into Christ's Body. Gluten free hosts are available upon request at the rail.

Communion Music

Jesus Name Above All Names/Open My Eyes, Lord

Jesus name above all names, beautiful Savior, Glorious Lord,

Emmanuel, God is with us, precious Redeemer, Living Word.

Open my eyes, Lord, I want to see Jesus, To reach out and touch him, and say that I love, him.

Open my ears, Lord, and help me to listen. Open my eyes, Lord. I want to see Jesus.

<u>As a Deer</u>

- As a deer panteth for the water, So my soul longeth after thee. You alone are my heart's desire, And I long to worship Thee.
- Refrain: You alone are my strength, my shield; To you alone may my spirit yield. You alone are my heart's desire, And I long to worship Thee.
- You're my friend and you are my brother, Even though you are a King. I love you more than any other, So much more than anything.

Refrain

 I want you more than gold or silver. Only you can satisfy. You alone are the real joy giver, And the apple of my eye.

Refrain

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COMMISSIONING OF LAY EUCHARISTIC MINISTERS

To be used when the need is present to send out Lay Eucharistic Ministers

Priest: In the name of this congregation we send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's body and blood.

Presider and People: We who are many are one body because we all share one bread, one cup.

The Post Communion Prayer

Celebrant: Let us pray:

Celebrant and People

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. *Amen*.

The Blessing

The Peace of God, which passes all understanding keep your hearts and minds in the knowledge and love of God, and of his son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. *Amen.*

Procession to the Neighborhood *Hymn #178*

Alleluia

St. Matthew Mission Statement

St. Matthew Church: **To be a church that passionately embraces and values all people, growing in the love of Christ through word and action.**

Celebrant:	Let us go forth into the world, rejoicing
	in the power of the Spirit.
People	Thanks be to God.

Special Ministers Today Priest Fr. Kendall Haynes **Worship Leader Dick Elofson Eucharistic Minister** Kitty Walker Tom Taylor Lector Acolytes Zawadi Chege Nicholas Yun Ushers Tom Peterson Tom Taylor Art & Pam Ladley Greeters Chuck & Lyn Zimmerman **Eucharistic Visitor Bread Maker** Marian Oberg **Altar Guild** Sandy Goretti **Janet Witter** Danielle Hull Linda Pomerov-Hull **Counters** Dick Elofson Jim Oberg Nurserv Sarah Dawes **Coffee Hour** Tom & Judy Peterson Fred & sherry Vogel Altar Guild Directress **Ianet Witter**

St Matthew Episcopal Church Staff

Head of the Church	Jesus Christ our Lord
Bishop of Olympia	The Rt. Rev. Gregory Rickel
Priest in Charge	The Rev. Kendall Haynes
Administrator	Agueda Fernández-Webster
Church Sexton	Saray Yourn
Pianist	Maria McKanzie
Church Photographer	John Hibben

St Matthew Episcopal Church Vestry

Sr. Warden	Tom Peterson
Jr. Warden	Sueann Goretti
Fellowship Liaison	Anna Jackson
Stewardship Liaison	Jon Kuniyoshi
Liturgy & Arts Liaison	Kitty Walker
Outreach Liaison	Kate Gould
Marketing & Evangelism Liaison	Sueann Goretti
Christian Education Liaison	John Kennedy
Pastoral Care	Liz Latsis
	Marcie Neuman

St Matthew Episcopal Church Vestry Officers

Treasurer	Art Ladley
Clerk of the Vestry	Sandy Goretti

Today's Prayer List

Lyn Zimmerman – Myotonic Dystrophy Areewa Saray - imprisonment Eloise Page (friend of Tom & Elaine Taylor) - hospice Justo Fernandez (brother of Agueda Fernandez-Webster) -Muscular Dystrophy and bitterness Carmen Planas (aunt of Agueda Fernandez-Webster) – dementia Stephen Peterson (son of Tom & Judy Peterson) - back pain Dave Hopkins - pain management and balance Sarah (sister of Lydia Nabawanga) - recovery after heart surgery and grief following the death of her husband Harriet Anderson - congestive heart failure and heart disease Katrina Goodjoint (sister of Lorina Goodjoint) - kidney issues Mary (grandmother of Lorina Goodjoint) - stroke & Pneumonia Corretta (mother of Florence Nabaggala) – malaria Paulett Sloan (sister-in-law of Jim Sloan) - difficulty after gall bladder surgery Heather Halabisky - High levels of calcium and high blood Pressure Justin Smith – Seeking new employment and healing Tommy Pawlicki (Son of Nancy Pawlicki, Browns Point resident) – Internal injuries Ginny Sloan - experiencing an unusual medical situation. Maryann Smith - guidance and wisdom pertaining to her schooling and health. Lila Candoo – recovering from foot surgery Bill Trandum - recovering from a stroke

Brenda Gilbert – fighting severe health problems Beth & Kendall Haynes – for a safe and healthy pregnancy Tom - (friend of Fred Vogel) healing after suffering brain Damage

Ayrton Climo - (request from Lydia Nabawanga) - unspecified

To add someone or take someone off the prayer list, email <u>saintmatthewpastoralcare@gmail.com</u>. Thanks!

Announcements

In the early church—the bread and wine were set on a table to be blessed and shared as our Eucharist. This tradition was reinstated in the wider catholic tradition (which includes us)after Vatican II, and we bring forth the bread and wine as representatives of everyone gathered. For the Feastday of St. Matthew on Sept 21st, we will be asking parishioners who have been parish members for many years, to present the gifts to the altar. Each week after that, we will be calling parish members, asking you to represent the parish by bringing the bread and wine forward to be blessed. It is also a wonderful way to commemorate your birthday or anniversary or any other special occasion. You can expect a phone call sometime and we hope to include everyone in our parish, young and old, big and small. If vou have a particular occasion you would like to reserve, please call me. I would love to hear from you. Thank you. Marcie Neuman 253 447 7424

<u>Pastoral Care Commission</u>—always wants to know if you or someone near to you is in need of prayers or special help. We also have individuals who are willing to drive people to St Matthew services and events. If you know of a need, please call Claire Scharmach 253-952-6431.

<u>Bible Study</u>— On **Wednesday nights** at **7PM** in the parish library. Come join us for a lively in-depth look at Bible and find a new a new relationship with the Holy Scriptures. Please bring paper and pens or pencils. The study will be one hour +, depending on the flow of the study. Sign up sheet in the Narthex. For any questions, please contact Bud Nalder at 253-677-3105 or via email at <u>bkn4th@q.com</u>

<u>Choir</u>— Our new Choir rehearses every Sunday at 11:30am. Come join this dynamic new group here at St. Matthew. All are welcome!

Safeguarding God's Children

Date:Saturday, October 25, 2014, 9AM-NoonLocation:St. Matthew, Browns Point/Tacoma

Full description: This training is of general interest to all, but is required of anyone who works with children and youth in the church, whether as teachers, helpers or nursery - all staff, clergy & vestry as well. Participants will receive a five-year certification upon completion of the class. If you have questions about if you or someone in your congregation is required to complete this training please contact Blaire Notrica, Executive Assistant to the Bishop, <u>bnotrica@ecww.org</u>, 206.325.4200 ext. 2010.

Register online at <u>www.neighborhoodparish.org</u>

Safeguarding God's PEOPLE

Date: Tuesday, October 14, 2014, 6PM- 9PM and Saturday, October 18, 2014, 9AM-Noon Location: St. Matthew, Browns Point/Tacoma This training is in two modules: Full description: preventing sexual harassment of church workers and preventing sexual exploitation of church workers; offered in one training session. People taking this training will need to complete both modules in their entirety for certification. Certification is good for five years and must be renewed at the end of that period. Certification in this training is required of the following: all active clergy, including deacons, stipendiary priests, non-stipendiary or retired priests who are regularly serving in congregations 10 hours or more per week, and all TCM circles (both ordained and commissioned); monastic groups, all employees of congregations, including employees of preschools, schools and counseling centers; all lay persons whose ministry might involve them meeting one on one or two on one with persons to whom they minister, including, but not limited to Eucharistic Visitors and Stephen Ministers; and vestries and bishop's committees will also be asked to have at least one-third of its members certified in this training at any one time. If you have any other questions please contact Blaire Notrica, Executive Assistant to the Bishop, at bnotrica@ecww.org or 206-325-4200 Ext. 2010. Register online at www.neighborhoodparish.org

<u>CPR Training Sessions</u>— Our team, the Browns Point-Dash Point Fire Dept. BPIC. DPIC and St. Matthew Church, has signed up 55 people to take CPR training! The Fire Dept. limits each class to 25, so we will hold two sessions on the October 1st; one from 9AM to Noon along with the originally scheduled evening class from 6PM to 9PM. We will offer people a choice of sessions based on their signup date. If more people sign up we will consider adding another session at some later date. **We need volunteers to sign people in at these sessions, provide coffee/cookies and cleanup. There is a sign-up sheet in the Narthex.** If you have any questions, please contact Bob Witter at 253-927-6024.

<u>Announcements (continued):</u>

Mental Health First Aid —St. Matthew is proud to host Mental Health First Aid on Saturday, October 4 from 8AM - 5PM. You may know CPR and the Heimlich maneuver, but can you administer first aid in a mental health crisis? Mental Health First Aid is an 8 hour training course that teaches you how to help someone who is experiencing a mental health crisis. People who are trained know how to identify, understand and respond to signs of mental illnesses and addictions. Register online at www.neighborhoodparish.org. the cost is \$25 to cover materials (bring cash or a check payable to St. Matthew). You will also need to bring a brown bag lunch; snacks are provided. Limited need-based scholarships are available.

Note: the October class will focus primarily on Adult metal health consumers. Another course focusing on Youth mental health consumers will be offered early 2015.

Hunger Walk—Your Outreach Commission would like to inform you that the 34th annual Pierce County Hunger Walk is scheduled for **Sunday Oct. 5th** (the Runs starts at 1 PM and the walk starts at 2 PM) at the Fort Steilacoom Park in Lakewood. If you wish to be involved with the Walk, call Michele Cotton at (253) 426-1507 for details or register online at: <u>http://associatedministries.donorpages.com/HW14/</u>. Donations are also welcome! More than 1,000 people are committed to raising money through Hunger Walk support the Emergency Food Network, FISH Food Banks and other organizations.

Adult Cate-WHAT??—Introducing the Adult Catechumenate! Beginning October 16th & 17th, our Adult Catechumenate will explore with great depth and lively engagement topics such as Holy Scripture, Salvation History, Church History, the Book of Common Prayer, and much, much more. Whether you are new to the Church or old, seeking Baptism, Confirmation, Reception into the Church or just interested in growing more in your faith, come and enjoy. Two class options are available: Thursday evenings at 7PM or Friday mornings at 9AM. Please contact Fr. Haynes (fatherkendall@gmail.com) for more information. Sign up sheets are in the Narthex. **Bridging the Gap**—this week we will see and discussing lecture 25 "Baptists and Quakers" in our continuing series **The History of Christian Theology**. Please join us this Sunday at 9:00 am in the Parish Hall – coffee included.

Mark your calendar—

- Men's Breakfast, every Saturday 8AM in the Parish Hall
- > Bible Study, every Wednesday 7PM in the library
- I-594 Phone Bank, every Thursday, 5:30PM until election day
- Choir rehearsal every Sunday at 11:30AM
- Thursday, September 25, 6PM-9PM Safeguarding God's Children training
- Friday, September 26, 2PM, Burial Liturgy for Emma Lou Dale and Mike Dale
- Wednesday, October 1, 9AM-Noon and 6PM-9PM, CPR Course
- Friday, October 3, 10AM, Liturgy & Arts Co Mission Meeting
- Saturday, October 4, 8AM-5PM, Mental Health First Aid
- Sunday, October 5, 8AM, Pierce County Hunger Walk at Steilacoom Park, Lakewood
- Tuesday, October 14, 6PM-9PM Safeguarding God's People training
- Thursday, October 16, 7PM, The Adult Catechumenate in the Library
- Friday, October 17, 9AM, The Adult Catechumenate in the Library
- Saturday, October 18, 9AM-Noon Safeguarding God's People training
- Saturday, October 25, 9AM-Noon Safeguarding God's Children training