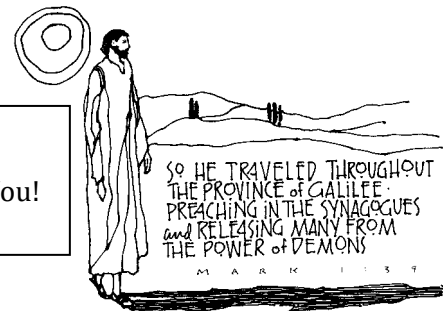




Saint Matthew Episcopal Church
In the Episcopal Diocese of Olympia
6800 Eastside Drive NE, Tacoma WA 98422
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Office email: saintmatthew6800@gmail.com
Fr. Haynes' email: fatherkendall@gmail.com
Parish Website: www.neighborhoodparish.org

INSERT

Please Take with You!
Thanks!



The Fifth Sunday after the Epiphany February 4, 2018

The Liturgy of The Holy Eucharist II

Gathering music

Peace Before Us

1. Peace before us
Peace behind us
Peace under our feet
Peace within us
Peace over us
Let all around us be peace.
2. Love...
3. Light...
4. Christ...
5. Alleluia...
6. Peace...

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Procession to the Altar Hymn #135

Songs of thankfulness and praise

The Collect of the Day

Set us free, O God, from the bondage of our sins,
and give us the liberty of that abundant life which
you have made known to us in your Son our Savior
Jesus Christ; who lives and reigns with you, in the

unity of the Holy Spirit, one God, now and for ever.
Amen.

A Reading from Isaiah (40:21-31)

Have you not known? Have you not heard?
Has it not been told you from the beginning?
Have you not understood from the foundations of
the earth? It is he who sits above the circle of the
earth, and its inhabitants are like grasshoppers;
who stretches out the heavens like a curtain, and
spreads them like a tent to live in; who brings
princes to naught, and makes the rulers of the earth
as nothing. Scarcely are they planted, scarcely
sown, scarcely has their stem taken root in the
earth, when he blows upon them, and they wither,
and the tempest carries them off like stubble. To
whom then will you compare me, or who is my
equal? says the Holy One. Lift up your eyes on high
and see: Who created these? He who brings out
their host and numbers them, calling them all by
name; because he is great in strength,
mighty in power, not one is missing. Why do you
say, O Jacob, and speak, O Israel, "My way is hidden
from the LORD, and my right is disregarded by my
God"? Have you not known? Have you not heard?
The LORD is the everlasting God, the Creator of the
ends of the earth. He does not faint or grow weary;
his understanding is unsearchable. He gives power
to the faint, and strengthens the powerless. Even
youths will faint and be weary, and the young will
fall exhausted; but those who wait for the LORD
shall renew their strength, they shall mount up
with wings like eagles, they shall run and not be
weary, they shall walk and not faint.

Reader The Word of the Lord.
People **Thanks be to God.**

Psalm 147:1-12, 21c

(Read in unison after the first asterisk)

- 1 Hallelujah! How good it is to sing praises to our

God! * how pleasant it is to honor him with praise!

- 2 The LORD rebuilds Jerusalem; * he gathers the exiles of Israel.
 - 3 He heals the brokenhearted * and binds up their wounds.
 - 4 He counts the number of the stars * and calls them all by their names.
 - 5 Great is our LORD and mighty in power; * there is no limit to his wisdom.
 - 6 The LORD lifts up the lowly, * but casts the wicked to the ground.
 - 7 Sing to the LORD with thanksgiving; * make music to our God upon the harp.
 - 8 He covers the heavens with clouds * and prepares rain for the earth;
 - 9 He makes grass to grow upon the mountains* and green plants to serve mankind.
 - 10 He provides food for flocks and herds * and for the young ravens when they cry.
 - 11 He is not impressed by the might of a horse;* he has no pleasure in the strength of a man;
 - 12 But the LORD has pleasure in those who fear him, * in those who await his gracious favor.
- 21c Hallelujah!

A Reading from 1 Corinthians (9:16-23)

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I

may make the gospel free of charge, so as not to make full use of my rights in the gospel. For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

Reader The Word of the Lord
People Thanks be to God

Gradual Hymn vss. 1, 2 *Heal me, hands of Jesus*

- 1 Heal me, hands of Jesus, and search out all my pain;
restore my hope, remove my fear, and bring me peace again.
- 2 Cleanse me, blood of Jesus, take bitterness away;
let me forgive as one forgiven and bring me peace today.

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The Holy Gospel of our Lord Jesus Christ According to Mark (1:29-39)

Glory to you, Lord Christ.

Jesus left the synagogue at Capernaum, and entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them. That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew

him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

The Gospel of the Lord.
Praise to you, Lord Christ

Gradual Hymn vss. 3, 4 *Heal me, hands of Jesus*

- 3 Know me, mind of Jesus, and show me all my sin;
dispel the memories of guilt and bring me peace within.
- 4 Fill me, joy of Jesus; anxiety shall cease,
and heaven's serenity be mine, for Jesus brings me peace!

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Prayers of the People

Bishops:

Bartholomew, Ecumenical Patriarch of Constantinople, Francis, Bishop of Rome, Justin, Archbishop of Canterbury, Michael our presiding bishop, Gregory our bishop

Anglican Communion:

Dioceses of Antananarivo - (Indian Ocean), Antananarivo - Tulear - (Indian Ocean), Antsiranana - (Indian Ocean), Aotearoa - (Aotearoa NZ & Polynesia), Argyll & The Isles - (Scotland), Arizona - (VIII, The Episcopal Church), Arkansas - (VII, The Episcopal Church), Armidale - (New South Wales, Australia), and The Anglican Church of Burundi

Our Diocese:

Ascension, Seattle; Epiphany, Seattle

Our Parishioners:

Elizabeth Holland; Lee Holland; Dave & Mary Jo Hopkins

Our President:

Donald

Our Prayer List:

Lyn, Areewa, Brenda, Marisa, Sandy, Justin, Patricia, Paulette, Ann, Agueda, Erica, Allen,, George, Scott, Miff, Eric, Steve, Amanda, Khny, Jonah, Vera and for those we now name....

All Who Have Died:

Leanne Gaunt

Offertory Hymn #204 *Now the green blade riseth*

Communion

Bless the Lord, My Soul

Bless the Lord, My Soul, and bless His holy name.
Bless the Lord, My Soul; He rescues me from death.

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Praise the Name of Jesus

Praise the name of Jesus, Praise the name of Jesus.

He's my rock, He's my fortress, He's my deliverer.

In Him will I trust. Praise the name of Jesus.

(Repeat)

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Lord, Be Glorified

1. In my life, Lord, be glorified, be glorified.
In my life, Lord, be glorified today.
2. In your Church.....
3. In my home.....
4. In my work...
5. In my faith.....
6. In my life.....

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Procession to the Neighborhood

Prayer of St. Francis

1. Make me a channel of your peace;
Where there is hatred, let me bring your love;
Where there is injury, your pardon, Lord;
And where there's doubt, true faith in you.

2. Make me a channel of your peace;
Where there's despair in life, let me bring hope;
Where there is darkness, only light;
And where there's sadness, ever joy.
3. O, Master, grant that I may never seek so much
to be consoled as to console;
To be understood, as to understand;
To be loved, as to love with all my soul.
4. Make me a channel of your peace;
It is in pardoning that we are pardoned;
In giving to all men that were receive;
And in dying that we're born to eternal life.

(repeat vs 3 and 4)

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Special Ministers Today

Celebrant	The Rev. Kendall Haynes
Worship Leader	Frank Blacker
Eucharistic Minister	Dan Dawes
Lector	Ken St. John
Acolytes	Zawadi Chege
	Nicholas Yun
Ushers	Sandy Goretti - 8
	Rich Gould
	John Kennedy
Greeters	Tom Peterson
	Pamela Reed
Eucharistic Visitor	Jim Sloan
Bread Maker	Marian Oberg
Altar Guild	Sandy Goretti and Sandy Hust -8
	Janet Witter, Danielle Hull, Linda Pomeroy-Hull
Counters	Jackie Whorton
	Frank Blacker
Coffee Hour	Barney & Sherry Hartley
Altar Guild Director	Linda Pomeroy-Hull

St Matthew Episcopal Church Staff

Head of the Church	Jesus Christ our Lord
Bishop of Olympia	The Rt. Rev. Gregory Rickel
Rector	The Rev. Kendall Haynes
Parish Administrator	Dave Noll
Sexton	Saray Yuorn
Pianist	Maria McKanzie
Bookkeeper	Francine Dennis
Nursery Care Attendant	Debbie Williams
Church Photographer	John Hibben

St Matthew Episcopal Church Vestry

Sr. Warden, Stewardship Liaison	Terry Elofson
Jr. Warden	John Kennedy
	Sharon Wilhelm
	Elizabeth Holland
Marketing & Evangelism Liaison	Lorina Goodjoint
Pastoral Care Liaison	Liz Latsis
Outreach Liaison	Sherry Mees Hartley
Building & Grounds Liaison	Jeff Clapp
	Randy White

St Matthew Episcopal Church Vestry Officers

Treasurer	Kathleen Manning
Assistant Treasurer	Dave Noll
Clerk of the Vestry	Sandy Goretti

Today's Prayer List

Lyn Zimmerman – Myotonic Dystrophy
 Areewa Saray – imprisonment
 Brenda Gilbert – fighting severe health problems
 Marisa La Rue – (friend of Kathleen Manning) – Parkinson's
 Sandy Green – (brother-in-law of Alex Ringstad) – hospice
 Justin Smith – (husband of Abby Smith) – cont. health
 Patricia Stanley – (dear friend of Pamela Reed) – ALS
 Paulette – (Jim Sloan's sister-in-law) – cancer of the throat
 Ann – (family friend of the Hartley's) – colon cancer
 Agueda Fernandez-Webster – bronchial pneumonia
 Erica Frey-Hoyer – (friend of Sandy Dawes) - colon & liver cancer
 Allen Wohler – (husband of friend of Linda Pomeroy-Hull) therapy following a coma
 George Kurtz (father of Jim Kurtz) – Parkinson's
 Scott Candoo (son of Lila Candoo) – ALS
 Miff Cox (cousin of Barney Hartley) – cancer
 Eric Yun (cousin of Sandy Yoeun) – endocarditis
 Steve (friend of Abby Smith) – unemployment
 Amanda (friend of Abby Smith) – divorce
 Knhy Yuorn (family of Saray Yuorn) – hospitalization
 Jonah (son of friend of Abby Smith – flu (ICU)
 Vera Gordon – flu and pneumonia

To add someone or take someone off the prayer list, email saintmatthewpastoralcare@gmail.com