



Saint Matthew Episcopal Church

In the Episcopal Diocese of Olympia
and The Puyallup Tribe of Indians Reservation
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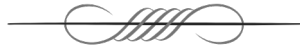
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The Third Sunday in Lent March 12, 2023



The Liturgy of The Holy Eucharist II

Prelude

Procession to the Altar

Hymn #143 *The glory of these forty days*

Celebrant Bless the Lord who forgives all our sins.

People **His mercy endures for ever.**

Hear the commandments of God to his people:
I am the Lord your God who brought you out of
bondage. You shall have no other gods but me.
Amen. Lord have mercy.

You shall not make for yourself any idol.
Amen. Lord have mercy.

You shall not invoke with malice the Name of the
Lord your God.
Amen. Lord have mercy.

Remember the Sabbath day and keep it holy.
Amen. Lord have mercy.

Honor your father and your mother.
Amen. Lord have mercy.

You shall not commit murder.
Amen. Lord have mercy.

You shall not commit adultery.
Amen. Lord have mercy.

You shall not steal.
Amen. Lord have mercy.

You shall not be a false witness.
Amen. Lord have mercy.

You shall not covet anything that belongs to your
neighbor.
Amen. Lord have mercy.

Jesus said, "The first commandment is this: Hear, O
Israel: The Lord our God is the only Lord. Love the
Lord your God with all your heart, with all your
soul, with all your mind, and with all your strength.
The second is this: Love your neighbor as yourself.
There is no other commandment greater than
these." *Mark 12:29-31*

The Celebrant then says

Let us confess our sins against God and our
neighbor.

Silence may be kept.

Celebrant and People

Most merciful God, **we confess that we have
sinned against you in thought, word, and deed,
by what we have done, and by what we have left
undone. We have not loved you with our whole
heart; we have not loved our neighbors as
ourselves. We are truly sorry and we humbly
repent. For the sake of your Son Jesus Christ,
have mercy on us and forgive us; that we may
delight in your will, and walk in your ways, to
the glory of your Name. Amen.**

The Celebrant stands and says

Almighty God have mercy on you, forgive you all
your sins through our Lord Jesus Christ, strengthen
you in all goodness, and by the power of the Holy
Spirit keep you in eternal life. **Amen.**

Said three times

Holy God,
Holy and Mighty,
Holy Immortal One,
Have mercy upon us.

The Collect of the Day

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

A Reading from Exodus (17:1-7)

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, "Is the Lord among us or not?"

Reader The Word of the Lord.

People **Thanks be to God.**

Psalm 95

1 Come, let us sing to the LORD; let us shout for joy to the Rock of our salvation.

2 **Let us come before his presence with thanksgiving and raise a loud shout to him with psalms.**

3 For the LORD is a great God, and a great King above all gods.

4 **In his hand are the caverns of the earth, and the heights of the hills are his also.**

5 The sea is his, for he made it, and his hands have molded the dry land.

6 **Come, let us bow down, and bend the knee, and kneel before the LORD our Maker.**

7 For he is our God, and we are the people of his pasture and the sheep of his hand. Oh, that today you would hearken to his voice!

8 **Harden not your hearts, as your forebears did in the wilderness, at Meribah, and on that day at Massah, when they tempted me.**

9 They put me to the test, though they had seen my works.

10 **Forty years long I detested that generation and said, "This people are wayward in their hearts; they do not know my ways."**

11 So I swore in my wrath, "They shall not enter into my rest."

A Reading from Romans (5:1-11)

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were

enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Reader The Word of the Lord.

People **Thanks be to God.**

Gradual Hymn #440 vss. 1-2 *Blessed Jesus*

The Holy Gospel of our Lord Jesus Christ According to John

(4:5-42)

Glory to you, Lord Christ.

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water." Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her,

"Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you." Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him.

Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor." Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

The Gospel of the Lord.

Praise to you, Lord Christ.

The Sermon

Silence for reflection

The Nicene Creed (Standing, as able.)

We believe in one God, **the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father (and the Son). With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. *Amen.*

Prayers of the People

Let us pray.

Heavenly Father, all are created in your image; help us to honor you by loving one another.
Lord, in your mercy, ***hear our prayer.***

You challenge the powers and principalities of the world. We pray for our president, our congress, our courts and all who are in authority.
Lord, in your mercy, ***hear our prayer.***

You sent the prophets of old; inspire your church to prophetically seek justice, peace, and truth.
Lord, in your mercy, ***hear our prayer.***

Lord Jesus, you gave to the Apostles the continuation of your ministry; bless all who minister in your church.

Lord, in your mercy, ***hear our prayer.***

You bind us together into One Body. We pray for your Holy Catholic Church; the Anglican Communion, especially the Dioceses of Recife - (Brazil), Rejaf - (Sudan), Remo - (Nigeria), Renk - (Sudan), Rhode Island - (The Episcopal Church), Rift Valley - (Tanzania), and The Church of the Province of South India; our diocese, especially St. John the Baptist, Seattle; St. Mark's Cathedral, Seattle; and our parish.

Lord, in your mercy, ***hear our prayer.***

You called each of us to take up the cross; deepen our faith and strengthen our resolve to follow in your steps.

Lord, in your mercy, ***hear our prayer.***

You forgave the thief on the cross; bring us all to penitence and reconciliation.

Lord, in your mercy, ***hear our prayer.***

You were rich yet for our sake you became poor; move us to share generously.

Lord, in your mercy, ***hear our prayer.***

You lived as an exile in Egypt; protect and comfort all who are alone, isolated, fearful, or victimized.

Lord, in your mercy, ***hear our prayer.***

You come in our midst as the Prince of Peace. We pray for peace and an end of violence, hatred, and terrorism in every heart and every land. We pray for our armed forces and those who are deployed especially for those we now name....

Lord, in your mercy, ***hear our prayer.***

You healed by your touch and word; bless all through whom your healing gifts are given and bless all of those on our prayer list, and those in our hearts, praying especially for Lyn, Areewa, Marisa, Rico, Saray, Leif, Kari, Kathryn, Milana, Jackie, Elianny, Glen, Gary, Marilyn, Keith, Justin & Kendra, Alex, Janae, Jeanne, Travon, Debbie, Cindy, Scott, Mike, Kim, Mike, Michele, Bob, Leanne, Terry, Garry, Nancy, Bea, Emerson, Dan, and for those we now name....
Lord, in your mercy, ***hear our prayer.***

We thank you for all the blessings of this life especially those we now name...

Lord, in your mercy, **hear our prayer.**

Holy Spirit, you touched the lives of innumerable saints; embrace the faithful departed, especially Trim Loud, and those we now name...
Lord in your mercy, **hear our prayer.**

The Celebrant adds a concluding Collect.

Hasten, O Father, the coming of your kingdom in our Lenten fast. Mercifully grant that we your servants, who now live by faith, may with joy behold your Son at his rising from the tomb; all this we ask through Jesus Christ our only Mediator and Advocate. **Amen.**

The Peace

Celebrant The Peace of the Lord be always with you.

People **And also with you.**

Announcements, Birthdays, Anniversaries

Offertory

Our Sunday loose cash offerings go to our Emergency Aid Fund, which directly serves families and individuals in need within our community. Your generosity makes saying "yes" to those who need help the most possible.



The Great Thanksgiving – D

[Please see Book of Common Prayer, pg. 372]

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give him thanks and praise.**

The Celebrant proceeds

It is truly right to glorify you, Father, and to give you thanks...

Celebrant and People

Sanctus

Holy, Holy, Holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

The people stand or kneel. The Celebrant continues
We acclaim you, holy Lord, glorious in power....
...we praise you and we bless you.

Celebrant and People

**We praise you, we bless you,
we give thanks to you,
and we pray to you, Lord our God.**

The Celebrant continues

Lord, we pray that in your goodness and mercy...

...through Christ, and with Christ, and in Christ, all honor and glory are yours, Almighty God and Father, in the unity of the Holy Spirit, for ever and ever. **AMEN**

Lord's Prayer

Celebrant As our Savior Christ has taught us, we now pray,

**Our father in heaven
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us this day our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and forever. Amen.**

The Breaking of the Bread and Holy Communion

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Christ our Passover is sacrificed for us;
Therefore let us keep the feast.

All persons are invited to come forward to receive Holy Communion in one or both of the elements or receive a blessing. Gluten-free hosts and alcohol-free wine are available upon request at the rail. If you have yet to be baptized and are interested in learning more about this sacrament, please see one of the clergy following the liturgy.

If you do not wish to come forward for Communion or a blessing, or if you are attending the liturgy virtually, you are invited to pray the following from The St. Augustine's Prayer Book.

Prayer for Spiritual Communion

In union, blessed Jesus, with the faithful gathered at every altar of your Church where your blessed Body and Blood are offered this day, I long to offer praise and thanksgiving, for creation and all the blessings of this life, for the redemption won for us by your life, death, and resurrection, for the means of grace and the hope of glory. I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive Communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen.

The Post Communion Prayer

Celebrant Let us pray

Celebrant and People

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

The Solemn Prayer over the People

Celebrant

Look mercifully on this your family, Almighty God,, that by your great goodness they may be governed and preserved evermore; through Christ our Lord.
Amen.

Procession to the Neighborhood

Hymn #657

Love divine

St. Matthew Mission Statement

To be a church that passionately embraces and values all people, growing in the love of Christ through word and action.

Celebrant Go in peace to love and serve the Lord.

People **Thanks be to God.**

Postlude