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**Set your mind  
on things  
that are above**

C O L O S S I A N S 3 : 2

## **The Eleventh Sunday after Pentecost**

**Proper 13**

**July 31, 2016**



## **The Liturgy of The Holy Eucharist II**

### **Gathering Music** *Precious Lord take my hand*

Precious Lord, take my hand,  
Lead me on, help me stand.  
I am tired, I am weak, I am worn.  
through the storm, through the night,  
lead me on to the light.  
take my hand, precious Lord,  
lead me home.

When my way grows dear,  
precious Lord, linger near;  
when my life is almost gone,  
hear my cry, hear me call,  
hold my hand lest I fall;  
take my hand, precious Lord,  
lead me home.

When the darkness appears,  
and the night draws near,  
and the day is past and gone:  
at the river I stand,  
guide my feet, hold my hand,  
take my hand, precious Lord,  
lead me on.

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### **Procession to the Altar Hymn #542**

*Christ is the world's true Light*

*Celebrant* Blessed be God: Father, Son, and Holy Spirit.

*People* **And blessed be his kingdom, now and for ever. Amen.**

*Celebrant*

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Gloria, *said* at 8am

Sing Halleluia, *sung* at 10am

*(Printed on page 10 of the Worship Guide)*

**Glory to God in the highest,  
and peace to his people on earth.**

**Lord God, heavenly King/ almighty God and  
Father,**

**we worship you, we give you thanks,  
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God/ you take away the sin  
of the world: have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.**

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High/ Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen.**

## The Collect of the Day

*Celebrant* The Lord be with you.

*People* **And also with you**

*Celebrant* Let us pray.

Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

## A Reading from Ecclesiastes

(1:2, 12-14; 2:18-23)

Vanity of vanities, says the Teacher, vanity of vanities! All is vanity.

I, the Teacher, when king over Israel in Jerusalem, applied my mind to seek and to search out by wisdom all that is done under heaven; it is an unhappy business that God has given to human beings to be busy with. I saw all the deeds that are done under the sun; and see, all is vanity and a chasing after wind.

I hated all my toil in which I had toiled under the sun, seeing that I must leave it to those who come after me -- and who knows whether they will be wise or foolish? Yet they will be master of all for which I toiled and used my wisdom under the sun. This also is vanity. So I turned and gave my heart up to despair concerning all the toil of my labors under the sun, because sometimes one who has toiled with wisdom and knowledge and skill must leave all to be enjoyed by another who did not toil for it. This also is vanity and a great evil. What do mortals get from all the toil and strain with which they toil under the sun? For all their days are full of pain, and their work is a vexation; even at night their minds do not rest. This also is vanity.

*Reader* The Word of the Lord.

*People* **Thanks be to God.**

## Psalm 49:1-11

(Read in unison after the first asterisk)

- 1 Hear this, all you peoples; hearken, all you who dwell in the world, **\*you of high degree and low, rich and poor together.**
- 2 **My mouth shall speak of wisdom, \*and my heart shall meditate on understanding.**
- 3 **I will incline my ear to a proverb \*and set forth my riddle upon the harp.**
- 4 **Why should I be afraid in evil days, \*when the wickedness of those at my heels surrounds me,**
- 5 **The wickedness of those who put their trust in their goods, \*and boast of their great riches?**
- 6 **We can never ransom ourselves, \*or deliver to God the price of our life;**
- 7 **For the ransom of our life is so great, \*that we should never have enough to pay it,**
- 8 **In order to live for ever and ever, \*and never see the grave.**
- 9 **For we see that the wise die also; like the dull and stupid they perish \*and leave their wealth to those who come after them.**
- 10 **Their graves shall be their homes for ever, their dwelling places from generation to generation, \*though they call the lands after their own names.**
- 11 **Even though honored, they cannot live for ever; \*they are like the beasts that perish.**

## A Reading from Colossians (3:1-11)

If you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. Set your minds on things that are above, not on things that are on earth, for you have died, and your life is hidden with Christ in God. When Christ who is your life is revealed, then you also will be revealed with him in glory.



Silverdale; St. Nicholas, Tahuya; Holy Spirit, Vashon and for our parish, especially for our parishioners Jim & Jackie Whorton; Sharon Wilhelm; and Matt, Adrienne, Mason, Charlie & Poppy Williams.

Lord, in your mercy,  
**Hear our prayer**

Guide the people of this land, and of all the nations, especially Barack our President, in the ways of justice and peace; that we may honor one another and serve the common good. We pray for our armed forces, their families, and those who are deployed, especially for those we now name;

Lord, in your mercy,  
**Hear our prayer.**

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Lord, in your mercy,  
**Hear our prayer.**

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us. We thank you for all the blessings of this life, especially for those we now name.

Lord, in your mercy,  
**Hear our prayer**

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation. We pray for those on our prayer list and those in our hearts, especially Lyn, Areewa, Dave, Brenda, Shirley, Scott, Ted, Marisa, Sandy, Justin, Mark, Leanne, Beth, Patricia, Paulette, Fred, Lila, Keith, Justo, Brent, Nathan, Ann, Midi, Michael, Caitlin, Wayne and for those we now name;

Lord, in your mercy,  
**Hear our prayer.**

We commend to your mercy all who have died, especially for Larry Fanerich, that your will for them may be fulfilled. We pray that we may share with all your saints in your eternal kingdom.

Lord, in your mercy,  
**Hear our prayer.**

Let us confess our sins against God and our neighbor.

*Leader and People*

**Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

*Celebrant*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**

## The Peace

*Celebrant* The Peace of the Lord be always with you.

*People* **And also with you.**

## Announcements, Birthdays, Anniversaries

**Offertory Hymn** *This is my Father's world*

1. This is my Father's world, and to my listening ears  
All nature sings, and round me rings the music of the spheres.  
This is my Father's world; I rest me in the thought of rocks and trees,  
Of skies and seas, His hand the wonders wrought.
2. This is my Father's world; the birds their carols raise;  
The morning light, the lily white, declare their Maker's praise.  
This is my Father's world; He shines in all that's fair;  
In the rustling grass I hear him pass, He speaks to me everywhere.

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## The Great Thanksgiving C

*The people remain standing. The Celebrant faces them and says*

*Celebrant:* The Lord be with you.

*People:* **And also with you.**

*Celebrant:* Lift up your hearts.

*People:* **We lift them to the Lord.**

*Celebrant:* Let us give thanks to the Lord our God.

*People:* **It is right to give him thanks and praise.**

*Then, facing the Holy Table, the Celebrant proceeds*

God of all power, Ruler of the Universe, you are worthy of glory and praise.

***Glory to you for ever and ever.***

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

***By your will they were created and have their being.***

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

***Have mercy, Lord, for we are sinners in your sight.***

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

***By his blood, he reconciled us. By his wounds, we are healed.***

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

*Celebrant and People*

### Sanctus

**8:00 am (spoken), 10:00 am Sanctus (sung)**

*(Printed on page 10 of the Worship Guide)*

**Holy, Holy, Holy Lord, God of power of power and might, heaven and earth are full of your glory. (repeat)**

**Hosanna in the highest. Blessed is he who comes in the name of the Lord. (repeat)**

*The people stand or kneel.*

*Then the Celebrant continues*

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

***We celebrate his death and resurrection, as we await the day of his coming.***

Lord God of our Fathers; God of Abraham, Isaac, and Jacob; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

***Risen Lord, be known to us in the breaking of the Bread.***

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation.  
**AMEN.**

**Lord's Prayer** *said at 8 am & sung at 10 am*

*(Printed on page 11 of the Worship Guide)*

*Celebrant* As our Savior Christ has taught us, we now pray,

**Our father in heaven  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us this day our daily bread.**

**Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and forever. Amen.**

## **The Breaking of the Bread and Holy Communion**

*The Celebrant breaks the consecrated Bread.*

*A period of silence is kept.*

*Then the Celebrant says*

[Alleluia.] Christ our Passover is sacrificed for us;  
**Therefore let us keep the feast. [Alleluia.]**

*Facing the people, the Celebrant says the following Invitation*

The Gifts of God for the People of God.

Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*The ministers receive the Sacrament in both kinds, and then immediately deliver it to the people.*

*The Bread and the Cup are given to the communicants with these words*

The Body of Christ, the bread of heaven. [Amen.]  
The Blood of Christ, the cup of salvation. [Amen.]

*This is our Lord's Table, and He is our host. All persons are invited to receive Holy Communion. Those who have yet to be baptized are encouraged to speak with the clergy after the service about becoming baptized into Christ's Body. Gluten-free hosts and alcohol-free wine are available upon request at the rail.*

## **Communion Music**

### Let Us Break Bread Together

1. Let us break bread together on our knees.  
Let us break bread together on our knees.  
When I fall on my knees,  
With my face to the rising sun,  
Oh Lord, have mercy on me.
2. Let us drink wine together on our knees.....
3. Let us praise God together on our knees...  
*Public Domain*

### One Bread, One Body

*Refrain:* One bread, one body, one Lord of all,  
One cup of blessing which we bless.  
And we, though many throughout the earth,  
We are one body in this one Lord.

1. Gentile or Jew, servant or free, woman or man  
no more.

*Refrain*

2. Many the gifts, many the works, one in the Lord  
of all.

*Refrain*

3. Grain for the fields, scattered and gown,  
gathered to one, for all.

*Refrain*

Words and music by John B. Foley © 1978, Public Domain

### **COMMISSIONING OF LAY EUCHARISTIC VISITORS**

*Celebrant:* In the name of this congregation we send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's body and blood.

*Celebrant and People:* **We who are many are one body because we all share one bread, one cup.**

## **The Post Communion Prayer**

*Celebrant:* Let us pray:

*Celebrant and People*

Almighty and everliving God, **we thank you**

for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and forever. *Amen.*

## The Blessing

The Peace of God, which passes all understanding keep your hearts and minds in the knowledge and love of God, and of his son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. *Amen.*

## Procession to the Neighborhood

*Hymn #335 I am the bread of life*

## St. Matthew Mission Statement

*St. Matthew Church: To be a church that passionately embraces and values all people, growing in the love of Christ through word and action.*

*Celebrant:* Let us go forth into the world, rejoicing in the power of the Spirit.

*People* Thanks be to God.

## Special Ministers Today

<b>Celebrant</b>	The Rev. Kendall Haynes
<b>Worship Leader</b>	Dave Teves
<b>Eucharistic Minister</b>	Bob Witter
<b>Lector</b>	Kathy Manning
<b>Acolytes</b>	Zawadi Chege Nicholas Yoeun
<b>Ushers</b>	TBA-8 Ken St. John, Dick Collins
<b>Greeters</b>	Linda Collins Janet Witter
<b>Eucharistic Visitor</b>	Jim Sloan
<b>Bread Maker</b>	Marian Oberg

<b>Altar Guild</b>	Beth Latsis-8 Liz Latsis-8 Mary Blacker
<b>Counters</b>	Frank Blacker Linda Collins
<b>Coffee Hour</b>	Tom Taylor Elaine Taylor Pamela Reed
<b>Altar Guild Director</b>	Linda Pomeroy-Hull

## St Matthew Episcopal Church Staff

<b>Head of the Church</b>	Jesus Christ our Lord
<b>Bishop of Olympia</b>	The Rt. Rev. Gregory Rickel
<b>Rector</b>	The Rev. Kendall Haynes
<b>Parish Administrator</b>	Dave Noll
<b>Sexton</b>	Saray Yuorn
<b>Pianist</b>	Maria McKanzie
<b>Bookkeeper</b>	Denise Burns
<b>Nursery Care Attendant</b>	TBA
<b>Church Photographer</b>	John Hibben

## St Matthew Episcopal Church Vestry

<b>Sr. Warden, Pastoral Care</b>	Terry Elofson
<b>Jr. Warden, Building &amp; Grounds</b>	Fred Vogel
<b>Liturgy &amp; Arts, Christian Ed</b>	Marcie Neuman
<b>Stewardship</b>	Jon Kuniyoshi
<b>Christian Education</b>	Samuel Kamau
<b>Marketing &amp; Evangel, Outreach</b>	Lorina Goodjoint
<b>Christian Education, Outreach</b>	Liz Latsis
<b>Fundraising, Outreach</b>	Sherry Mees Hartley
<b>Unassigned</b>	Jeff Clapp

## St Matthew Episcopal Church Vestry Officers

<b>Treasurer</b>	Dave Teves
<b>Assistant Treasurer</b>	Dave Noll
<b>Treasurer Adviser</b>	Art Ladley
<b>Clerk of the Vestry</b>	Sandy Goretta

## Today's Prayer List

Lyn Zimmerman – Myotonic Dystrophy  
 Areewa Saray – imprisonment  
 Dave Hopkins – pain management and balance  
 Brenda Gilbert – fighting severe health problems  
 Shirley Ryan Rose – (neighbor of Linda Pomeroy-Hull) – continued recovery from a vascular stroke  
 Scott Candoo – undiagnosed medical issues  
 Ted Blattenbauer – (friend of Dan & Linda Pomeroy-Hull) – grieving and diagnosed with multiple myeloma

Marisa La Rue – (friend of Kathleen Manning) – struggle with Parkinson’s disease  
 Sandy Green – (brother-in-law) of Alex Ringstad) – just entered into Hospice care  
 Justin Smith – (husband of Abby Smith) – continued health  
 Mark – (friend of Sherry & Barney Hartley) – who was diagnosed with prostate cancer  
 Leanne Gaunt – (mother of Sueann & Sandra Goretti) – who was diagnosed with early stage lung cancer  
 Beth Latsis – (mother of Liz Latsis) – for treatments and healing from stage 3 colon cancer  
 Patricia Stanley – (dear friend of Pamela Reed) – who has been diagnosed with ALS  
 Paulette – (Jim Sloan’s brother Fred’s wife) – recovery from surgery for cancer of the throat, also prayers for Fred as he becomes the care giver  
 Lila Candoo – adjusting to her transition to Village Green  
 Keith Phelps – (brother-in-law of Terry Elofson) - for relief from pain due to cancer treatments.  
 Justo Fernandez – (brother of Agueda Fernandez Webster) – for recovery and complications from surgery to place 3 stents in arteries  
 Brent Olson – (son of neighbor and attendee, Betty Bishop) –  
 Nathan Meyer – (neighbor and cook at Browns Pt Diner) – recovery from a massive stroke  
 Ann – (family friend of Sherry & Barney Hartley) – who was recently diagnosed with stage 4 colon cancer.  
 Midi Mees – (mother of Sherry Hartley) – for recovery from infection and to gain strength.  
 Michael Webster – (husband of Agueda Fernandez-Webster) – for recovery from treatment/surgery for a large mass in his brain  
 Caitlin Forrest – (granddaughter of Elsie Forrest) – recovery from back injury and healing from throat surgery  
 Wayne Coners – (friend of Bud Nalder) – recovery from major stroke

To add someone or take someone off the prayer list, email [saintmatthewpastoralcare@gmail.com](mailto:saintmatthewpastoralcare@gmail.com) .  
 Thanks!

## **ANNOUNCEMENTS**

**Don't Forget To Sign Up For One Of Our Mid-Year Dinner Meetings.** We are planning a couple of additional dinners in August. You can sign up on the clip board in the Narthex, leave a message with the church office or contact Liz Latsis at [scargo@q.com](mailto:scargo@q.com) or 253-229-0847. These dinner meetings are small groups for conversations about our work at St Matthew, a bit of fellowship and great food prepared by your host and fellow parishioner. A member of the Vestry will be there to answer questions and facilitate the discussion. If you are new to St. Matthew this is a great opportunity to learn more about us and get to better know some of your fellow members. As one

attendee exclaimed “I had a great time and we didn’t even talk about money”. **So please join us.**

**Salmon Bake!** - This year's **Salmon Bake**, which marks it's 70th year on **August 6th & 7th** has a number of volunteer needs. Our very own **Matt Williams (206-947-2787)** is the primary contact and coordinator. This is a great partnering opportunity and everyone is encouraged to help. Sign-ups for the *Dining Tent* are located in the Narthex. A full list of needs and contacts are as follows:

- **Sanitation Patrol**  
**(contact: Matt [mattwilliamsbp@gmail.com](mailto:mattwilliamsbp@gmail.com))**: Remove garbage and replace liners as garbage cans fill up. We need help both days and could use a couple volunteers at a time.
- **Dining Tent**  
**(contact: Joel [joelbrown526@gmail.com](mailto:joelbrown526@gmail.com))** : Bus tables, prep desserts and drinks. Be friendly. Sign-up in the Narthex.
- **Raffle/Auction**  
**(contact: Kim [albers.kim@comcast.net](mailto:albers.kim@comcast.net))**: We need wandering raffle ticket sellers and booth workers.
- **Basement Unload (contact: Matt)**: Strong backs are needed to help with the basement unload which is on for Monday August 1st at 6pm.
- **Break down/ Clean up / Basement load up (contact: Matt)**: Monday August 8th (time: bright and early). Lots of help needed for this!

**Our Community Food Bank Still Needs Your Help.** With the summer heat and vacations our food bank donations are down this month. The need is especially high in summer when kids are not in school and receiving breakfast and lunches under the free & reduced lunch program. Please leave your donations in the baskets in the Narthex. **The Food Bank is also grateful for donations of home grown fruits and vegetables from your orchard and garden.** Since the Lighthouse Market closed they lost their principal source of fresh fruits and vegetables so your donation will be invaluable. If you have donations of fresh produce from your garden please deliver it directly to the food bank any Friday between 11:30 am – 1:00 pm.

The food bank is located in the basement of Browns Point Methodist Church 5339 Browns Point Blvd. NE. Thanks for all your past and future generosity.

**Young Adult Retreat** – Great opportunity for young adults 18-35 years of age on the weekend of August 12-14 at St. Andrew's House on Hood Canal at Union. Registration is encouraged by August 1<sup>st</sup>. Please go to <http://dioceseofolympia.org/event/holy-waste-time-young-adult-retreat>. Additional information is on display on the *The Diocese of Olympia* board in our entry way.

**Free Door** – There is a small wood door with frame on the north or east side of the building (where recycling containers are). If you need a door or want to use as a workbench, please take this door.

**Mark your calendar—**

- Saturdays, 8AM, Men's Breakfast in the Parish Hall
- Saturday, August 13<sup>th</sup>, 9AM-Noon, Julia's Gulch
- Choir Rehearsal, 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup> Sundays, 11:45am, (first Sunday only at 9:15am)
- 2<sup>nd</sup> Sunday, 11:45am Instrument Rehearsal
- Sundays, 9AM Bridging the Gap
- 4<sup>th</sup> Friday of each month, 7PM JLS (Just Love Singing)
- Sunday, September 25<sup>th</sup>, St. Matthew Day
- Saturday, November 5<sup>th</sup>, 2<sup>nd</sup> Annual St Matthew Auction