



Saint Matthew Episcopal Church

In the Episcopal Diocese of Olympia
and The Puyallup Tribe of Indians Reservation
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The Sixth Sunday after Pentecost

Proper 9

July 9, 2023

The Liturgy of The Holy Eucharist II

Procession to the Altar

Thy Word

Chorus: Thy word is a lamp unto my feet
And a light unto my path.
Thy word is a lamp unto my feet
And a light unto my path.

1. When I feel afraid, think I've lost my way,
still you're there right beside me.
And nothing will I fear as long as you are near.
Please be near me to the end.
2. I will not forget your love for me, and yet,
My heart forever is wandering.
Jesus, be my guide and hold me to Your side,
And I will love You to the end.

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Celebrant Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be his kingdom, now and for ever. Amen.**

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Glory to God in the highest, and peace to his people on earth.

Lord God, heavenly King almighty God and Father, we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. **Amen.**

The Collect of the Day

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

O God, you have taught us to keep all your commandments by loving you and our neighbor: Grant us the grace of your Holy Spirit, that we may be devoted to you with our whole heart, and united to one another with pure affection; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

A Reading from Zechariah (9:9-12)

Rejoice greatly, O daughter Zion! Shout aloud, O daughter Jerusalem! Lo, your king comes to you; triumphant and victorious is he, humble and riding on a donkey, on a colt, the foal of a donkey. He will cut off the chariot from Ephraim and the war horse from Jerusalem; and the battle bow shall be cut off, and he shall command peace to the nations; his dominion shall be from sea to sea, and from the River to the ends of the earth. As for you also, because of the blood of my covenant with you, I will set your prisoners free from the waterless pit.

Return to your stronghold, O prisoners of hope;
today I declare that I will restore to you double.

Reader The Word of the Lord.
People **Thanks be to God.**

Psalm 145:8-15

- 8 The LORD is gracious and full of
 compassion, slow to anger and of great
 kindness.
- 9 **The LORD is loving to everyone and his
 compassion is over all his works.**
- 10 All your works praise you, O LORD, and
 your faithful servants bless you.
- 11 **They make known the glory of your
 kingdom and speak of your power;**
- 12 That the peoples may know of your power
 and the glorious splendor of your kingdom.
- 13 **Your kingdom is an everlasting kingdom;
 your dominion endures throughout all
 ages.**
- 14 The LORD is faithful in all his words and
 merciful in all his deeds.
- 15 **The LORD upholds all those who fall; he
 lifts up those who are bowed down.**

A Reading from Romans (7:15-25a)

I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me. So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord!

Reader The Word of the Lord.
People **Thanks be to God.**

Gradual Hymn

Be Not Afraid

1. You shall cross the barren desert,
 But shall not die of thirst.
 You shall wander far in safety,
 Though you do not know the way.
 You shall speak your words in foreign lands,
 And all will understand.
 You shall see the face of God and live.
Refrain: Be not afraid. I go before you always.
 Come follow me and I will give you rest.
2. If you pass through raging waters in the sea,
 You shall not drown.
 If you walk amid the burning flames,
 You shall not be harmed.
 If you stand before the pow'r of hell
 And death is at your side,
 Know that I am with you through it all.
Refrain

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The Holy Gospel of our Lord Jesus Christ According to Matthew (11:16-19. 25-30)

Glory to you, Lord Christ.

Jesus said to the crowd, "To what will I compare this generation? It is like children sitting in the marketplaces and calling to one another, 'We played the flute for you, and you did not dance; we wailed, and you did not mourn.' For John came neither eating nor drinking, and they say, 'He has a demon'; the Son of Man came eating and drinking, and they say, 'Look, a glutton and a drunkard, a friend of tax collectors and sinners!' Yet wisdom is vindicated by her deeds." At that time Jesus said, "I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I

am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

The Gospel of the Lord.
Praise to you, Lord Christ.

Gradual Hymn

Be Not Afraid

3. Blessed are the poor,
For the Kingdom shall be theirs.
Blest are you that weep and mourn,
For one day you shall laugh.
And if wicked men insult and hate you
All because of Me,
Blessed, blessed are you.

Refrain

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The Sermon

Silence for reflection

The Nicene Creed (Standing, as able.)

We believe in one God, **the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father (and the Son). With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look

for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the People

Let us pray for the Church and for the world.

Grant, Almighty God that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world. We pray for the Anglican Communion, especially for the Dioceses of Northern Uganda - (Uganda), Ughelli - (Nigeria), Ukwa - (Nigeria), Umuahia - (Nigeria), Umzimvubu - (Southern Africa), Te Pihopatanga o Upoko o Te Ika - (Aotearoa, New Zealand, and Polynesia), and The Anglican Church of Burundi; our diocese, especially for St. Hilda St. Patrick, Edmonds; and for our parish.

Lord, in your mercy,

Hear our prayer

Guide the people of this land, and of all the nations, especially Joseph our President, in the ways of justice and peace; that we may honor one another and serve the common good. We pray for our armed forces, their families, and those who are deployed, especially for those we now name;

Lord, in your mercy,

Hear our prayer.

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Lord, in your mercy,

Hear our prayer.

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us. We thank you for all the blessings of this life, especially for those we now name.

Lord, in your mercy,

Hear our prayer

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation. We pray for those on our prayer list and those in our hearts, praying especially for Lyn, Areewa, Marisa, Rico, Saray, Leif, Kari, Kathryn, Milana, Jackie, Elianny, Glen, Gary, Marilyn, Justin & Kendra, Alex, Janae, Travon, Debbie, Cindy, Scott,

Mike, Kim, Mike, Michele, Bob, Garry, Emerson,
Robert, Sean and for those we now name;

Lord, in your mercy,
Hear our prayer.

We commend to your mercy all who have died,
especially Carina Cordero, that your will for them
may be fulfilled. We pray that we may share with
all your saints in your eternal kingdom.

Lord, in your mercy,
Hear our prayer.

Let us confess our sins against God and our
neighbor.

Leader and People

**Most merciful God, we confess that we have
sinned against you in thought, word, and
deed, by what we have done, and by what we
have left undone. We have not loved you
with our whole heart; we have not loved our
neighbors as ourselves. We are truly sorry
and we humbly repent. For the sake of your Son
Jesus Christ, have mercy on us and forgive us;
that we may delight in your will, and walk in
your ways, to the glory of your Name. Amen.**

Celebrant

Almighty God have mercy on you, forgive you all
your sins through our Lord Jesus Christ, strengthen
you in all goodness, and by the power of the Holy
Spirit keep you in eternal life. **Amen**

The Peace

Celebrant The Peace of the Lord be always with
you.

People **And also with you.**

Announcements, Birthdays, Anniversaries

Offertory

*Our Sunday loose cash offerings go
to our Emergency Aid Fund, which
directly serves families and
individuals in need within our
community. Your generosity makes
saying "yes" to those who need help
the most possible.*



The Great Thanksgiving – C

The Celebrant faces the people and says

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give him thanks and
praise.**

The Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy
of glory and praise.

Glory to you for ever and ever.

At your command all things came to be: the vast
expanse of interstellar space, galaxies, suns, the planets
in their courses, and this fragile earth, our island home.

**By your will they were created and have their
being.**

From the primal elements you brought forth the human
race, and blessed us with memory, reason, and skill. You
made us the rulers of creation. But we turned against
you, and betrayed your trust; and we turned against one
another.

**Have mercy, Lord, for we are sinners in your
sight.**

Again and again, you called us to return. Through
prophets and sages you revealed your righteous Law.
And in the fullness of time you sent your only Son, born
of a woman, to fulfill your Law, to open for us the way of
freedom and peace.

**By his blood, he reconciled us. By his wounds, we
are healed.**

And therefore we praise you, joining with the heavenly
chorus, with prophets, apostles, and martyrs, and with
all those in every generation who have looked to you in
hope, to proclaim with them your glory, in their
unending hymn:

Celebrant and People

Sanctus

**Holy, Holy, Holy Lord, God of power and might,
heaven and earth are full of your glory.**

**Hosanna in the highest. Blessed is he who
comes in the name of the Lord. Hosanna in the
highest.**

The people stand or kneel. The Celebrant continues

And so, Father, we who have been redeemed by him,
and made a new people by water and the Spirit, now

bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord. On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection, as we await the day of his coming.

Lord God of our Fathers; God of Abraham, Isaac, and Jacob; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. ***AMEN.***

Lord's Prayer

Celebrant As our Savior Christ has taught us, we
now pray,

**Our father in heaven
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us this day our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and forever. Amen.**

The Breaking of the Bread and Holy Communion

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Alleluia. Christ our Passover is sacrificed for us;
Therefore let us keep the feast. Alleluia.

All persons are invited to come forward to receive Holy Communion in one or both of the elements or receive a blessing. Gluten-free hosts and alcohol-free wine are available upon request at the rail. If you have yet to be baptized and are interested in learning more about this sacrament, please see one of the clergy following the liturgy.

If you do not wish to come forward for Communion or a blessing, or if you are attending the liturgy virtually, you are invited to pray the following from The St. Augustine's Prayer Book.

Prayer for Spiritual Communion

In union, blessed Jesus, with the faithful gathered at every altar of your Church where your blessed Body and Blood are offered this day, I long to offer praise and thanksgiving, for creation and all the blessings of this life, for the redemption won for us by your life, death, and resurrection, for the means of grace and the hope of glory. I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive Communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen.

The Post Communion Prayer

Celebrant Let us pray

Celebrant and People

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

The Blessing

The Peace of God, which passes all understanding keep your hearts and minds in the knowledge and love of God, and of his son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the

Son, and the Holy Spirit, be among you, and remain with you always. ***Amen.***

Procession to the Neighborhood

Hymn #671

Amazing grace!

St. Matthew Mission Statement

To be a church that passionately embraces and values all people, growing in the love of Christ through word and action.

Celebrant Let us go forth into the world, rejoicing
in the power of the Spirit.

People **Thanks be to God.**
