



8:40 a.m.

THE BOOK OF COMMON PRAYER

**Prelude:** Prelude & Fugue in A minor ..... J. S. Bach

**Processional:** Tell out, My Souk, the greatness of the Lord..... Hymnal # 438

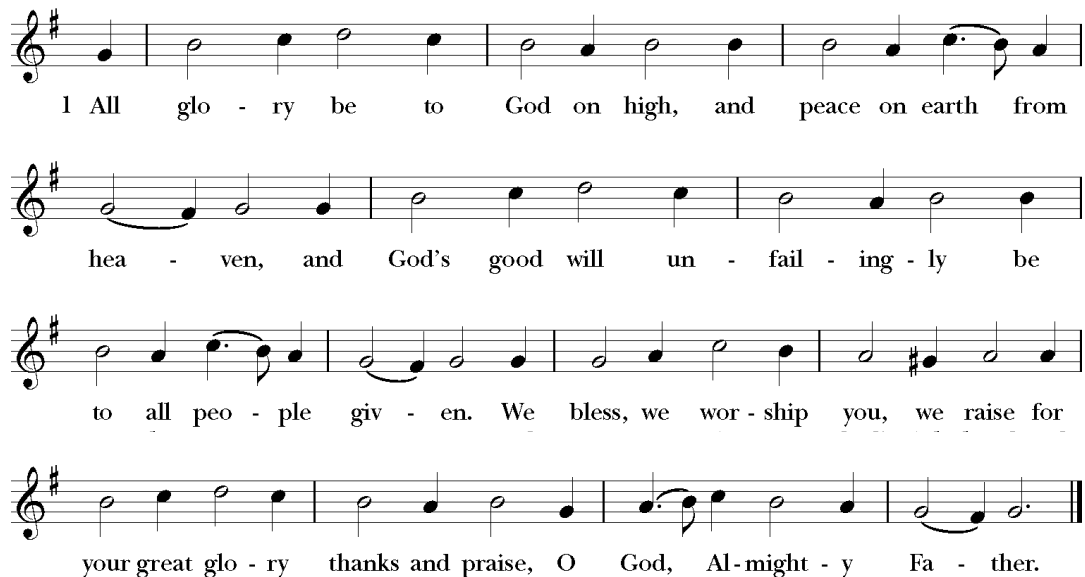
**The Opening Acclamation**.....BCP pg. 355

**Celebrant:** Blessed be God: Father, Son, and Holy Spirit.

**People:** And blessed be his kingdom, now and for ever. Amen.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.*

**Gloria**



1 All glo - ry be to God on high, and peace on earth from  
hea - ven, and God's good will un - fail - ing - ly be  
to all peo - ple giv - en. We bless, we wor - ship you, we raise for  
your great glo - ry thanks and praise, O God, Al - might - y Fa - ther.

**The Collect of the Day**

**Celebrant:** The Lord be with you.

**People:** And also with you.

**Celebrant:** Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

### **The Word of God**

*(Please be seated)*

#### **First Lesson: Deuteronomy 18:15-20**

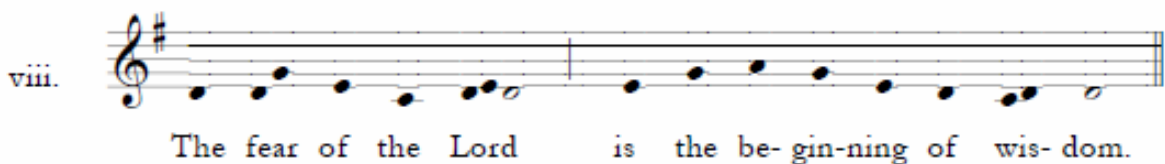
Moses summoned all Israel and said to them, “The Lord your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the Lord your God at Horeb on the day of the assembly when you said: ‘If I hear the voice of the Lord my God any more, or ever again see this great fire, I will die.’ Then the Lord replied to me: ‘They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die.’ ”

**Reader:** The Word of the Lord.

**People:** Thanks be to God.

#### **Psalm 111 (McGregor)**

**REFRAIN** *Sung by cantor and repeated by all*



**Cantor:** *Hallelujah! I will give thanks to the Lord with my whole heart, in the assembly of the upright, in the congregation. Great are the deeds of the Lord! They are studied by all who delight in them. Antiphon.*

**Cantor:** *His work is full of majesty and splendor, and his righteousness endures for ever. He makes his marvelous works to be remembered; the Lord is gracious and full of compassion. Antiphon.*

**Cantor:** *He gives food to those who fear him; he is ever mindful of his covenant. He has shown his people the power of his works in giving them the lands of the nations. Antiphon.*

**Cantor:** *The works of his hands are faithfulness and justice; all his commandments are sure. They stand fast for ever and ever, because they are done in truth and equity. Antiphon.*

### **Second Lesson: 1 Corinthians: 8:1-13**

Now concerning food sacrificed to idols: we know that “all of us possess knowledge.” Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him. Hence, as to the eating of food offered to idols, we know that “no idol in the world really exists,” and that “there is no God but one.” Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist. It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. “Food will not bring us close to God.” We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

**Reader:** The Word of the Lord.

**People:** Thanks be to God.

**Gradual:** Thine Are, O Lord in days of old.....Hymnal # 567 (1,2/3)

**Celebrant:** The Holy Gospel of our Lord Jesus Christ according to St. Mark.

**People:** Glory to you, Lord Christ.

**The Gospel: Mark 1:21-28**

Jesus and his disciples went into Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him." At once his fame began to spread throughout the surrounding region of Galilee.

**Celebrant:** The Gospel of the Lord.

**People:** Praise to you, Lord Christ.

**The Sermon:** .....Fr. Haynes

*(Please stand)*

**The Nicene Creed**

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father.

Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshipped and glorified. He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

### **The Prayers of the People**

*(Please kneel.)*

Let us pray.

For the whole church of God, especially Bartholomew, Ecumenical Patriarch of Constantinople, Benedict XVI, Bishop of Rome, Rowan, Archbishop of Canterbury, Katharine, our Presiding Bishop, and Greg and Nedi, our Bishops, that it may grow in unity and servanthood.

Lord in your mercy, *hear our prayer.*

For our school and our parish, that in this life we may grow in love for one another and for all people.

Lord in your mercy, *hear our prayer.*

For all the leaders and people of the world, especially Barack, our President, that reconciliation and peace may overcome conflict and oppression. We pray for our armed forces and those who are deployed [especially ....].

Lord in your mercy, *hear our prayer.*

For the hungry in body, mind or spirit, that they may be nourished by your presence and truth.

Lord in your mercy, *hear our prayer.*

For the sick and those in pain, for the lonely and the forgotten, for the dying and all who mourn, that your healing grace may shine forth in the shadows of this world. We pray for all those on our prayer list and those in our hearts, especially... and for those we now name....

Lord in your mercy, *hear our prayer.*

For the gifts of joy and love, that we may bear witness to the manifestations of your glory. We give thanks for all the blessings of this life, especially for the gift of life itself as we celebrate this week the birthday(s) of ... [and the wedding anniversary(ies) of ... ] and for other blessings we now name....

Lord in your mercy, *hear our prayer.*

For those who have died and now abide in Christ's presence, [remembering especially this week ...]

Lord in your mercy, *hear our prayer.*

### **Confession of Sin**

Let us confess our sins against God and our neighbor.

#### **Leader and People:**

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. *Amen.*

### **The Absolution**

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

*(Please stand)*

### **The Peace**

**Celebrant:** The peace of the Lord be always with you.

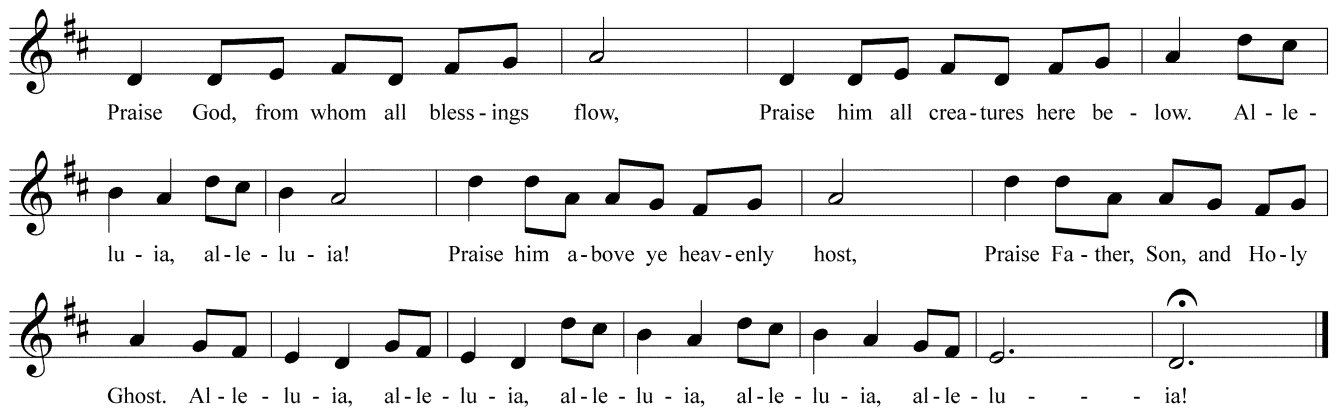
**People:** And also with you.

### Celebration Prayer

Watch over your children, O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may your peace which passes understanding abide all the days of their lives; through Jesus Christ our Lord. *Amen.*

**Offertory:** Let the Praise Go 'Round..... William Boyce/arr. Hal Hopson

### Doxology





## THE GREAT THANKSGIVING Eucharistic Prayer B

*Celebrant*                      *People*

The Lord be with you. And al - so with you.

*Celebrant*                      *People*

Lift up your hearts. We lift them to the Lord.

*Celebrant*

Let us give thanks to the Lord our God.

*People*

It is right to give him thanks and praise.

**Celebrant:** It is right and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

### Sanctus et Benedictus

Ho - ly, ho - ly,

ho - ly Lord, God of power and might,

heaven and earth are full of your glo - ry. Ho-san-na in the

high - est. Bless - ed is he who

comes in the name of the Lord. Ho-san-na in the high-est.

*Celebrant continues*

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

*Celebrant and People*

We remember his death,  
We proclaim his resurrection,  
We await his coming in glory;

*Celebrant continues*

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with the Blessed Virgin Mary and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN*.

And now, as our Savior Christ has taught us, we are bold to say,

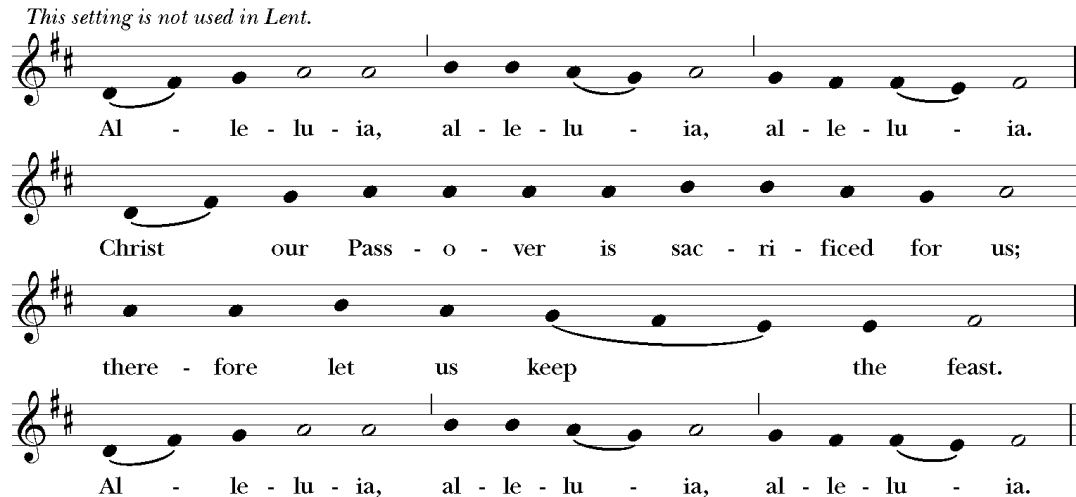
Our Fa - ther, who art in hea - ven, hal - low - ed  
 be thy Name, thy king - dom come, thy will be done,  
 on earth as it is in hea - ven. Give us this day our  
 dai - ly bread. And for - give us our tres - pas - ses,  
 as we for - give those who tres - pass a - gainst us. And lead  
 us not in - to temp - ta - tion, but de - liv - er us  
 from e - vil. For thine is the king - dom, and the power,  
 and the glo - ry, for ev - er and ev - er. A - men.

## The Breaking of the Bread

**Celebrant:** Alleluia. Christ our Passover is sacrificed for us;

**People:** Therefore let us keep the feast. Alleluia.

## Fraction Anthem



**Celebrant:** The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

### Invitation to Communion

*This is our Lord's Table, and He is our host. All baptized persons are invited to receive Holy Communion. Those who have yet to be baptized are invited to come forward for a blessing and are encouraged to speak with one of the clergy after the service about becoming baptized into Christ's Body.*

**Communion Hymn:** You Satisfy the Hungry Heart ..... Gather Hymnal # 815

*(remain kneeling)*

**Celebrant:** Let us pray.

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. *Amen.*

**The Blessing**

May Christ, the Son of God, be manifest in you, that your lives may be a light to the world; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. *Amen.*

**The Dismissal**

**Celebrant:** Let us go forth in the name of Christ.

**People:** Thanks be to God.

**Processional:** Hail to the Lord's Anointed ..... Hymnal # 616

*(All children are invited to exit behind the wooden cross to Sunday School  
during the Processional.)*

**Postlude:** All Glory Be to God on High..... Johann Pachelbel

## Today's Liturgy

### Liturgists

#### 8:40 a.m.

Lay Readers – Jean Kernen, John Clancy  
LEM's – Harold Archibald, John Clancy, Jean Kernen, Brad MacGowan  
Acolytes – Lauren Dudley, Brandon Vollmer, Lindon Coulter  
Ushers – Terry & Walli Roarke, Pete Bartels, Harold Archibald  
Greeters – Brad & Liz MacGowan

#### 10:30 a.m.

Lay Readers – Monty Tolman, Frank McCracken  
LEM's – Frank McCracken, John Lloyd, Terri Lolcama, Jan Morrison  
Acolytes – Joseph Bocchi, Katie Willebrand, Clare Whalen  
Ushers – Page Howard  
Greeters – Tracey Johnston

### Altar Candles

The altar candles are given by Jean Swenson Newell in honor of the birthday of her daughter, Ingrid.

### Altar Flowers

The altar flowers are given by Bess Cawthra in loving memory of their son David, on his birthday. Bruce and Nancy McDonald in thanksgiving and in celebration of the birthday of their daughter, Helen. Terry and Walli Roarke in thanksgiving for their wedding anniversary. Ray Alburger in celebration of his grandsons, Lukas Ryan Alburger, birthday. Rich & Candy Stewart in loving memory of Sam & Nathalie Brown. Bob & Betty Felker in celebration of their 42<sup>nd</sup> wedding anniversary.

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## Remembrances for the Week

### Birthdays

1 Lee Hatcher  
1 Harold Archibald  
2 Kristin Bruce  
5 Kristy Kernen  
5 Chase Clancy

### Wedding Anniversaries

4 Doug & Esther Cooke  
5 Terry & Walli Roarke

### Death Anniversaries

1 Joseph Fyfe  
1 Nathalie Bell Brown  
2 Doris Savage  
2 Lou Ann Dysart  
4 Anna Shuman

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## Special Announcements

*Our prayers are offered to the family and friends of Sam Brown, who died this passed Monday. A Burial Mass in celebration of his life will take place on Tuesday, February 10<sup>th</sup>, at 3:30 p.m. here at St. Mary's. May Sam rest with the Saints of light.*

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# *Luanu for Lifelong Learning Auction*



**Saturday, February 7, 2009—6:00 p.m.**

Tickets are still available. Please check out those baskets in the Narthex. Attending the Auction is a great way to support the ministry of the school. This year, we will have an honored guest, The Rt. Rev. Gregory H. Rickel, Bishop of the Diocese of Olympia. He also donated a very special item to the Auction. Tickets to the Auction are \$35 each and available in the church and school offices.

Beginning **today** and running through the remainder of the academic year ending June 14, 2009, we will be offering a modified Sunday schedule in two modules:

## **Module I**

Mass:	8:40 AM – 9:50 AM
Sunday School (Pre K – Lower Grade School):	9:50 AM – 10:25 AM
Adult Forum (with fellowship before and after):	10:00 AM – 10:20 AM

## **Module II**

Mass:	10:30 AM – 11:40 AM
Sunday School (Pre K – Jr. High School):	10:30 AM – 11:05 AM
Family Fellowship (returns to the parish hall):	11:40 AM – 12:20 PM

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## **Classics Luncheon – Wednesday, February 18 – 11:30 a.m.**

The Luncheon had to be rescheduled as we did not want to interfere with our dear friend, Sam Brown's Burial Mass. We shall be remembering Sam on this day and ask that you bring some fun experience to share. We will have a combination of Valentine's Day and President's Day to celebrate so wear something RED. The signup sheet is in the narthex. The cost will be \$6 per person. This group is primarily for ages 55+ but we would love to have you join us.