

8:45 a.m.

THE BOOK OF COMMON PRAYER

Prelude

Processional: O Zion, tune thy voice..... Hymnal # 543

The Opening Acclamation.....BCP pg. 355

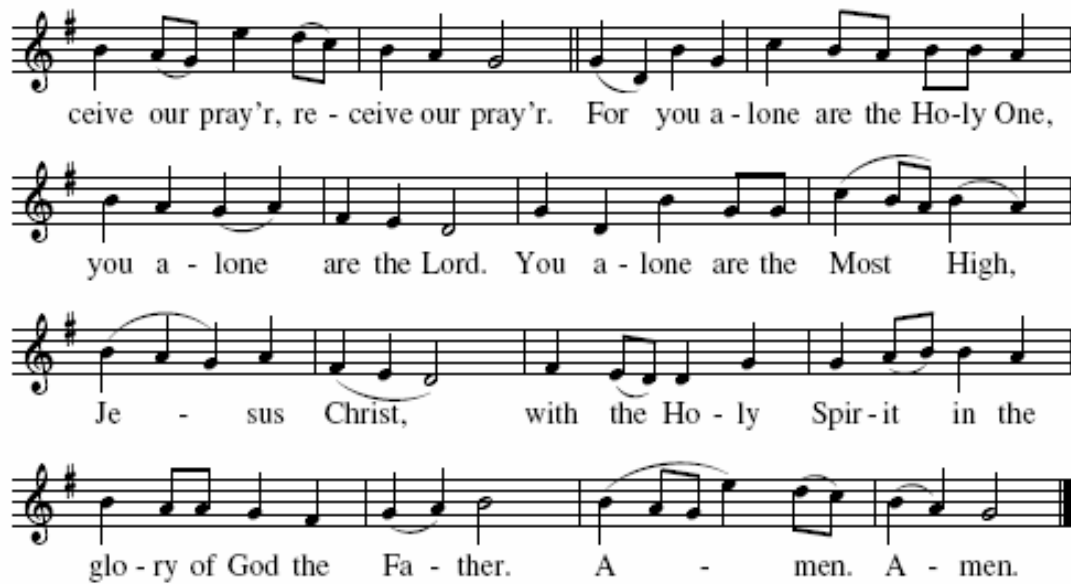
Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: And blessed be his kingdom, now and for ever. Amen.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.*

Gloria

Glo-ry, glo-ry to God in the high-est, and peace to his
 peo - ple on earth. Lord God, heav-en-ly King, al - might-y God and
 Fa - ther. We wor - ship you, we give you thanks, we
 praise you for your glo - ry, we praise you for your glo - ry,
 Lord, Lord Je - sus Christ, on - ly Son of the Fa - ther,
 Lord God, Lamb of God, you take a-way the sin of the world, have
 mer-cy on us, You are seat-ed at the right hand of the Fa - ther, re-



ceive our pray'r, re - ceive our pray'r. For you a - lone are the Ho-ly One,
 you a - lone are the Lord. You a - lone are the Most High,
 Je - sus Christ, with the Ho - ly Spir - it in the
 glo - ry of God the Fa - ther. A - men. A - men.

The Collect of the Day

Celebrant: The Lord be with you.

People: And also with you.

Celebrant: Let us pray.

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

The Word of God

Please be seated

First Lesson: Isaiah 58:1-9a (9b-12)

Thus says the high and lofty one who inhabits eternity, whose name is Holy: Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practiced righteousness and did not forsake the ordinance of their God; they ask of me righteous judgments, they delight to draw near to God. "Why do we fast, but you do not see? Why humble ourselves, but you do not notice?" Look, you serve your own interest on your fast day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in

sackcloth and ashes? Will you call this a fast, a day acceptable to the LORD? Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the LORD shall be your rear guard. Then you shall call, and the LORD will answer; you shall cry for help, and he will say, Here I am. [If you remove the yoke from among you, the pointing of the finger, the speaking of evil, if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday. The LORD will guide you continually, and satisfy your needs in parched places, and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters never fail. Your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to live in.]

Reader: The Word of the Lord.

People: Thanks be to God.

Psalm 112:1-10 (*sung to a chant by W. Jacobs*)

Second Lesson: 1 Corinthians 2:1-12, (13-16)

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God. Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written, "What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him" --these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God. [And we speak of these things in words not taught by human wisdom but taught by the Spirit,

interpreting spiritual things to those who are spiritual. Those who are unspiritual do not receive the gifts of God's Spirit, for they are foolishness to them, and they are unable to understand them because they are spiritually discerned. Those who are spiritual discern all things, and they are themselves subject to no one else's scrutiny. "For who has known the mind of the Lord so as to instruct him?" But we have the mind of Christ.]

Reader: The Word of the Lord.

People: Thanks be to God.

Gradual: Sometimes a light surprisesHymnal # 667 (1,2/3,4)
Please stand

Deacon: The Holy Gospel of our Lord Jesus Christ according to St. Matthew.

People: Glory to you, Lord Christ.

The Gospel: Matthew 5:13-20

Jesus said, "You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot. "You are the light of the world. A city built on a hill cannot be hid. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven. "Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfill. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven."

Deacon: The Gospel of the Lord.

People: Praise to you, Lord Christ.

Please be seated

The Sermon:Fr. Haynes

Please stand

The Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father.

Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshipped and glorified. He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Please kneel

The Prayers of the People

Let us pray.

For the whole church of God, that it may grow in unity and servanthood. We pray especially for Bartholomew, Ecumenical Patriarch of Constantinople, Benedict XVI, Bishop of Rome, Rowan, Archbishop of Canterbury, Katharine our presiding bishop, Greg our bishop, for priests, deacons and all who minister in Christ, and for all the holy people of God.

Lord in your mercy, *hear our prayer.*

For our school and our parish, that in this life we may grow in love for one another and for all people.

Lord in your mercy, *hear our prayer.*

For all the leaders, especially Barack, our president, and people of the world, that reconciliation and peace may overcome conflict and oppression. We pray for our armed forces and those who are deployed [especially].

Lord in your mercy, *hear our prayer.*

For the hungry in body, mind or spirit, that they may be nourished by your presence and truth.

Lord in your mercy, *hear our prayer.*

For the sick and those in pain, for the lonely and the forgotten, for the dying and all who mourn, that your healing grace may shine forth in the shadows of this world. We pray for all those on our prayer list and those in our hearts, especially... and for those we now name....

Lord in your mercy, *hear our prayer.*

For the gifts of joy and love, that we may bear witness to the manifestations of your glory. We give thanks for all the blessings of this life, especially for the gift of life itself as we celebrate this week the birthday(s) of ... [and the wedding anniversary(ies) of ...] and for other blessings we now name....

Lord in your mercy, *hear our prayer.*

For those who have died and now abide in Christ's presence, [remembering especially this week ...,]

Lord in your mercy, *hear our prayer.*

Confession of Sin

We pray to you also for the forgiveness of our sins.

Leader and People:

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. *Amen.*

Absolution

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

Please stand

The Peace

Celebrant: The peace of the Lord be always with you.

People: And also with you.

Celebration Prayer

Watch over your children, O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may your peace which passes understanding abide all the days of their lives; through Jesus Christ our Lord. *Amen.*

Offertory Anthem: Exultate justi in Domino..... Lotti

Please stand

Doxology

Praise God from whom al bless - ings flow! Praise him all crea - tures here be -
low. Al - le - lu - ia! Al - le - lu - ia! Praise
him a - bove ye heav'n - ly hosts! Praise Fa - ther, son, and Ho - ly Ghost!
Al - le - lu - ia! Al - le - lu - ia! Al - le -
lu - ia! Al - le - lu - ia! Al - le - lu - ia!

THE GREAT THANKSGIVING
Eucharistic Prayer B

Celebrant *People*
 The Lord be with you. And al - so with you.

Celebrant *People*
 Lift up your hearts. We lift them to the Lord.

Celebrant
 Let us give thanks to the Lord our God.

People
 It is right to give him thanks and praise.

Celebrant: It is right and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus et Benedictus

Ho - ly, ho - ly, ho - ly Lord, God of power and
 might, Ho - ly, ho - ly, ho - ly Lord,

The musical score is written in G major (one sharp) and 4/4 time. It consists of two systems of staves. The first system has a treble and bass staff. The second system also has a treble and bass staff. The lyrics are placed below the notes.

God of power and might, hea - ven and earth are
full, full of your glo - ry. Ho -
san - na in the high - est. Ho - san - na
in the high - est. Bless - ed is he who comes
in the name of the Lord. Ho - san - na
in the high - est. Ho - san - na in the high - est.

Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

Celebrant and People

We remember his death,
We proclaim his resurrection,
We await his coming in glory;

The Celebrant continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with the Blessed Virgin Mary and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN.*

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, *who art in heaven,*
hallowed be thy Name,

*thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.*

The Breaking of the Bread

Celebrant: Alleluia. Christ our Passover is sacrificed for us;

People: Therefore let us keep the feast. Alleluia.

Agnus Dei

Je - sus, Lamb of God: have mer - cy on us.

Je - sus, bear - er of our sins: have mer - cy on us.

Je - sus, re - deem - er, re - deem - er of the world:

give us your peace, give us your peace.

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

The Communion of the People

Gluten free hosts are available on request at the rail.

Invitation to Communion

This is our Lord’s Table, and He is our host. All baptized persons are invited to receive Holy Communion. Those who have yet to be baptized are invited to come forward for a blessing and are encouraged to speak with one of the clergy after the service about becoming baptized into Christ’s Body.

Communion Antiphon: *I will go to the altar of God, to the God of my joy and gladness. Send out your light and your truth that they may lead me; and bring me to your holy hill and to your dwelling.*

Communion Anthem: Ave verum corpus.....Elgar

Communion Hymn: Be thou my vision, O Lord of my heart..... Hymnal # 488

Please remain kneeling

Celebrant: Let us pray.

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. *Amen.*

The Blessing

May Christ, the Son of God, be manifest in you, that your lives may be a light to the world; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. *Amen.*

Please stand

The Dismissal

Deacon: Let us go forth in the name of Christ.

People: Thanks be to God.

Processional: Lord of all being, throned afar Hymnal # 419

Postlude

*Please join us for the Adult Forum and Coffee Hour in the Parish Hall following the Mass.
We are so glad you are here!*

Today's Liturgy

Liturgists

8:45 a.m.

Lay Readers – Teddy Mitchell, Craig Doupè

LEM's – Harold Archibald, Teddy Mitchell

Ushers – Terry & Walli Roarke, Harold Archibald

Acolytes – Tanner Bush

10:45 a.m.

Lay Readers – Frank McCracken, Lucinda Williams

LEM's – Frank McCracken, Dave Johnson

Usher – Paul Bocchi

Acolytes – Kayleigh Hunt, Maddy & Maria Gonzalez

Greeter – Dave & Joan Johnson

Altar Flowers

The altar flowers are given by Jo Jastad in celebration of the birthday of her daughter, Roberta, Clyde and Jean Kalahan in thanksgiving for the birthday of their daughter, Deborah Altschul; Lynn Cawthra in thanksgiving for the birthday of her mother, Bess.

Remembrances for the Week

Birthdays

7 Bess Cawthra

10 Sally Saunders

Death Anniversaries

9 Elizabeth Hilbish

10 David Lee Parks

11 Winnifred Phillips

Prayers for Healing & Comfort

Sharon Olsen, Stephanie Huntington, Ruth Bartels, Lynne Sawyer, Ivey & Chris Powell, Tana Nasart, Ashley Janssen, Mary Jane Biethan, Skip Peterson, Sheryl Archibald, Pat Nordgren, Rylie Hunt, Filomena Lasky, Mary Lasky, Ben Dunkelberger, Clare Bungay, Cindy O'Sullivan, Marilyn Cowan, John Hazelbaker, Freddie Davis, Derrick Dawson, Glenda Smith, Grace Boyd, Ada Scofield, Barbara Clarke, Bill & June Tennyson, Phil Franks, Jennifer, Kay Suiter, Jo Jastad, Evan, Pat Spruill, Bertha James, Doris Sanders, Michael, Elsie Bredberg, Vicki Claypool, Gwen Schneider, Wendell Dutt, Michael McCann, Nancy Mace, Eileen Bisson, Keturah Morris, Gail Ramee, Dave Price, Bess Cawthra, Walter Merton, Erik Rostedt, Marion Schwartz, Paul Kosct, Bill Clark, Peter Wallerich, Ethel Bonifant, Zoe Emerson, Jean Newell.

For the Deployed

Janelle, Roger, Darren, Anthony, Ed, Steven, Josie, Jim, Michael, Adam

New Refrigerator Update

The new refrigerator has been installed and is working great. As was mentioned a couple of months back, our 44 year old Traulsen commercial refrigerator in the parish hall kitchen has met its useful end in that it no longer refrigerates below 40° F. Between our sexton and our rector, some 40 vendors were researched nationwide to find the best replacement for this appliance. We have found the best deal for the exact replacement at Bargreen-Ellingson Restaurant Equipment & Supplies right here in Tacoma. The cost is **\$2994.82** [MSRP \$8170.00] which included free shipping and no sales tax. This is a significant capital expenditure and **it is requested of the parish to cover the cost above our budget**. Monies collected earlier for “the shed” (approximately \$250.00) have been applied to the refrigerator. So far we have received **\$1,910!** Keep up the good work!
Thank you!

Classics Luncheon – Wednesday – February 9th – 12 Noon

Invite your friends and neighbors for our upcoming Classics Luncheon, Wednesday, February 9th. A program, about the Buffalo Soldiers, will be presented. Sign up in the narthex. The cost is \$6 per person.

St. Mary’s Rummage Sale – February 18th & 19th

Our next Rummage Sale will be held on Friday, Feb. 18th and Saturday, Feb. 19th, from 9 a.m. to 5 p.m.. We are accepting donated items which can be dropped off at the church anytime between 9 am and 5 pm, Monday thru Friday. **Cutoff date for dropping off items is February 13th.**
