

8:45 a.m.

THE BOOK OF COMMON PRAYER

Prelude

Processional: Hail to the Lord's anointed..... Hymnal # 616

The Opening Acclamation.....BCP pg. 355

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: And blessed be his kingdom, now and for ever. Amen.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.*

Gloria

1. Glo - ry to God in the high - est, and
 peace to his peo - ple on earth. 2. Lord God, heaven - ly
 King, al - mighty God and Fa - ther, we wor - ship you, we
 give you thanks, we praise you for your glo - ry. 3. Lord Je - sus
 Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you
 take a - way the sin of the world: have mer - cy

on us; 5. you are seat - ed at the right hand of the Fa - ther: re -

ceive our prayer. 6. For you a - lone are the Ho - ly One,

you a - lone are the Lord, 7. you a - lone are the Most

High, Je - sus Christ, with the Ho - ly Spi - rit, in the

glo - ry of God the Fa - ther. A - men.

The Collect of the Day

Give us grace, O Lord, to answer readily the call of our Savior Jesus Christ and proclaim to all people the Good News of his salvation, that we and the whole world may perceive the glory of his marvelous works; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

The Word of God

Please be seated

First Lesson: Nehemiah 8:1-3, 5-6, 8-10

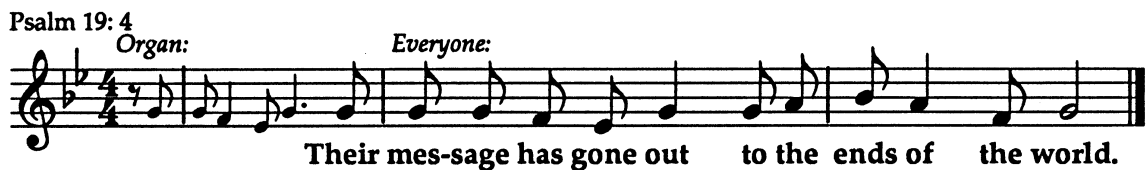
All the people of Israel gathered together into the square before the Water Gate. They told the scribe Ezra to bring the book of the law of Moses, which the LORD had given to Israel. Accordingly, the priest Ezra brought the law before the assembly, both men and women and all who could hear with understanding. This was on the first day of the seventh month. He read from it facing the square before the Water Gate from early morning until midday, in the presence of the men and the women and those who could understand; and the ears of all the people were attentive to the book of the law. And Ezra opened the book in the sight of all the people, for he was standing above all the people; and when he opened it, all the people stood up. Then Ezra blessed the LORD, the great God, and all the people answered, "Amen, Amen," lifting up their hands. Then they

bowed their heads and worshiped the LORD with their faces to the ground. So they read from the book, from the law of God, with interpretation. They gave the sense, so that the people understood the reading. And Nehemiah, who was the governor, and Ezra the priest and scribe, and the Levites who taught the people said to all the people, "This day is holy to the LORD your God; do not mourn or weep." For all the people wept when they heard the words of the law. Then he said to them, "Go your way, eat the fat and drink sweet wine and send portions of them to those for whom nothing is prepared, for this day is holy to our LORD; and do not be grieved, for the joy of the LORD is your strength."

Reader: The Word of the Lord.

People: Thanks be to God.

Psalm 19:1-6 (Hallock)



Choir: *The heavens declare the glory of God, and the firmament shows his handiwork. One day tells its tale to another, and one night imparts knowledge to another. Antiphon.*

Choir: *Although they have no words or language, and their voices are not heard, their sound is gone out into all lands, and their message to the ends of the world. Antiphon.*

Choir: *In the deep has he set a pavilion for the sun; it comes forth like a bridegroom out of his chamber; it rejoices like a champion to run its course. It goes forth from the uttermost edge of the heavens and runs about to the end of it again; nothing is hidden from its burning heat. Antiphon.*

From the *Ionian Psalter*, Copyright 1986 by IONIAN ARTS, Inc. – Peter Hallock
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Second Lesson: 1 Corinthians 12:12-31a

Just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ. For in the one Spirit we were all baptized into one body--Jews or Greeks, slaves or free--and we were all made to drink of one Spirit. Indeed, the body does not consist of one member but of many. If the foot would say, "Because I am not a hand, I do not belong to the body," that would not make it any less a part of the body. And if the ear would say, "Because I am not an eye, I do not belong to the body," that would not make it any less a part of the body. If the whole body were an eye, where would the hearing be? If the whole body were hearing, where would the sense

of smell be? But as it is, God arranged the members in the body, each one of them, as he chose. If all were a single member, where would the body be? As it is, there are many members, yet one body. The eye cannot say to the hand, "I have no need of you," nor again the head to the feet, "I have no need of you." On the contrary, the members of the body that seem to be weaker are indispensable, and those members of the body that we think less honorable we clothe with greater honor, and our less respectable members are treated with greater respect; whereas our more respectable members do not need this. But God has so arranged the body, giving the greater honor to the inferior member, that there may be no dissension within the body, but the members may have the same care for one another. If one member suffers, all suffer together with it; if one member is honored, all rejoice together with it. Now you are the body of Christ and individually members of it. And God has appointed in the church first apostles, second prophets, third teachers; then deeds of power, then gifts of healing, forms of assistance, forms of leadership, various kinds of tongues. Are all apostles? Are all prophets? Are all teachers? Do all work miracles? Do all possess gifts of healing? Do all speak in tongues? Do all interpret? But strive for the greater gifts.

Reader: The Word of the Lord.

People: Thanks be to God.

Gradual: Praise to God whose Word was spokenHymnal # 630 (1,2,3/4,5)

Celebrant: The Holy Gospel of our Lord Jesus Christ according to St. Luke.

People: Glory to you, Lord Christ.

The Gospel: Luke 4:14-21

Jesus, filled with the power of the Spirit, returned to Galilee, and a report about him spread through all the surrounding country. He began to teach in their synagogues and was praised by everyone. When he came to Nazareth, where he had been brought up, he went to the synagogue on the sabbath day, as was his custom. He stood up to read, and the scroll of the prophet Isaiah was given to him. He unrolled the scroll and found the place where it was written: "The Spirit of the Lord is upon me, because he has anointed me to bring good news to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord's favor." And he rolled up the scroll, gave it back to the attendant, and sat down. The eyes of all in the synagogue were fixed on him. Then he began to say to them, "Today this scripture has been fulfilled in your hearing."

Celebrant: The Gospel of the Lord.

People: Praise to you, Lord Christ.

Please be seated

The Sermon:Fr. Haynes

Please stand

The Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father.

Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshipped and glorified. He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

Please kneel

Let us pray.

For the whole church of God, that it may grow in unity and servanthood. We pray especially for Bartholomew, Ecumenical Patriarch of Constantinople, Benedict XVI, Bishop of Rome, Rowan, Archbishop of Canterbury, Katharine our presiding bishop, Greg our bishop, for priests, deacons and all who minister in Christ, and for all the holy people of God.

Lord in your mercy, *hear our prayer.*

For our school and our parish, that in this life we may grow in love for one another and for all people.

Lord in your mercy, *hear our prayer.*

For all the leaders, especially Barack, our president, and people of the world, that reconciliation and peace may overcome conflict and oppression. We pray for our armed forces and those who are deployed [especially].

Lord in your mercy, *hear our prayer.*

For the hungry in body, mind or spirit, that they may be nourished by your presence and truth.

Lord in your mercy, *hear our prayer.*

For the sick and those in pain, for the lonely and the forgotten, for the dying and all who mourn, that your healing grace may shine forth in the shadows of this world. We pray for all those on our prayer list and those in our hearts, especially... and for those we now name....

Lord in your mercy, *hear our prayer.*

For the gifts of joy and love, that we may bear witness to the manifestations of your glory. We give thanks for all the blessings of this life, especially for the gift of life itself as we celebrate this week the birthday(s) of ... [and the wedding anniversary(ies) of ...] and for other blessings we now name....

Lord in your mercy, *hear our prayer.*

For those who have died and now abide in Christ's presence, [remembering especially this week,]

Lord in your mercy, *hear our prayer.*

Celebrant

O God, who wonderfully created, and yet more wonderfully restored, the dignity of human nature: grant that we may share the divine life of him who humbled himself to share our humanity, your Son Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, for ever and ever. *Amen*

Confession of Sin

Let us confess our sins against God and our neighbor.

Leader and People:

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. *Amen.*

The Absolution

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

Please stand

The Peace

Celebrant: The peace of the Lord be always with you.

People: And also with you.

Celebration Prayer

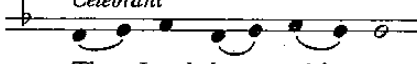

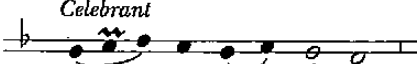

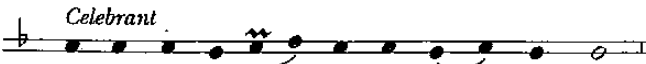

Watch over your children, O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may your peace which passes understanding abide all the days of their lives; through Jesus Christ our Lord. *Amen.*

Offertory: The prayer of St. Francis..... René Clausen

Doxology

Praise God, from whom all bless - ings flow, Praise him all crea - tures here be - low. Al - le -
lu - ia, al - le - lu - ia! Praise him a - bove ye heav - enly host, Praise Fa - ther, Son, and Ho - ly
Ghost. Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia, al - le - lu - ia, al - le - lu - - - ia!



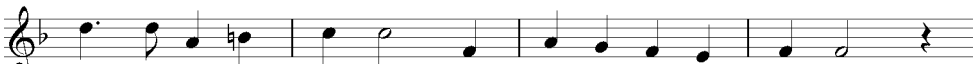


THE GREAT THANKSGIVING Eucharistic Prayer B

<i>Celebrant</i>	<i>People</i>
	
The Lord be with you. And al - so with you.	
<i>Celebrant</i>	<i>People</i>
	
Lift up your hearts. We lift them to the Lord.	
<i>Celebrant</i>	
	
Let us give thanks to the Lord our God.	
<i>People</i>	
	
It is right to give him thanks and praise.	

Celebrant: It is right and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus et Benedictus


Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,

heaven and earth are full of your glo - ry. Ho -

san - na in the high - est. Ho - san - na in the high - est.

Blessed is he who comes in the name of the Lord. Ho -

san - na in the high - est. Ho - san - na in the high - est.

The Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

Celebrant and People

We remember his death,
We proclaim his resurrection,
We await his coming in glory;

Celebrant continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with the Blessed Virgin Mary and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN.*

And now, as our Savior Christ has taught us, we are bold to say,

Our Fa - ther, who art in hea - ven, hal - low - ed
 be thy Name, thy king - dom come, thy will be done,
 on earth as it is in hea - ven. Give us this day our
 dai - ly bread. And for - give us our tres - pas - ses,
 as we for - give those who tres - pass a - gainst us. And lead
 us not in - to temp - ta - tion, but de - liv - er us
 from e - vil. For thine is the king - dom, and the power,
 and the glo - ry, for ev - er and ev - er. A - men.

The Breaking of the Bread

Celebrant: Alleluia. Christ our Passover is sacrificed for us;

People: Therefore let us keep the feast. Alleluia.

Fraction Anthem

The musical score is written on a single treble clef staff. It begins with a rest followed by a double bar line with repeat dots. The lyrics are: "My flesh is food in - deed, and my blood is drink in -". The second line starts with a measure of rest, then a measure with a first ending bracket labeled "1" and "All", with lyrics "deed, says the Lord. My". This is followed by a second ending bracket labeled "2" and "Cantor or Choir", with lyrics "Lord. Those who eat my". The third line continues with "All" above the staff and lyrics "flesh and drink my blood dwell in me and I in them. My". The final line has lyrics "flesh is food in - deed, and my blood is drink in - deed, says the Lord." and ends with a double bar line.

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Gluten free hosts are available on request at the rail.

Invitation to Communion

This is our Lord's Table, and He is our host. All baptized persons are invited to receive Holy Communion. Those who have yet to be baptized are invited to come forward for a blessing and are encouraged to speak with one of the clergy after the service about becoming baptized into Christ's Body.

Communion Antiphon Text: Eat the fat and drink sweet wine and send portions to those for whom nothing has been prepared; for this day is holy to the Lord. Do not be grieved; the joy of the Lord shall be your strength."

Communion Hymns: This is the hour of banquet and of song Hymnal # 317
Let thy Blood in mercy poured Hymnal # 313

People remain kneeling

Celebrant: Let us pray.

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of

your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. *Amen.*

The Blessing

May Christ, the Son of God, be manifest in you, that your lives may be a light to the world; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. *Amen.*

The Dismissal

Celebrant: Let us go forth in the name of Christ.

People: Thanks be to God.

Processional: God of mercy, God of grace..... Hymnal # 538

Postlude

Today's Liturgy

Liturgists

8:45 a.m.

Lay Readers – Corky Nordgren, Craig Doupé
LEM's – Terri Lolcama, Doris Sherrill
Acolytes – Kathryn Snyder, Katie Dunkelberger,
Savannah Sclair
Ushers – Clare Bungay
Greeters – Walli & Terry Roarke

10:45 a.m.

Lay Readers – Teddy Mitchell
LEM's – Teddy Mitchell, Harold Archibald
Acolytes – Andrew & Maddy Gonzalez, Katie
Howard
Ushers – Ken Hamrick, Dave Johnson

Altar Candles

The altar candles are given by Nicki Adams to the Glory of God and in honor of the birthday of her grandson, Jonathan; Jean Kernen in honor of the birthdays of her children, Kristy, Keith, Kerry, and Kevin; Bertha James to the Glory of God in honor of the birthday of her grandson, Aaron; Bill and Jean Clark in honor of the birthday of their great-granddaughter, Leanne.

Altar Flowers

The altar flowers are given by the family of Lena Halverson; Roger and Shirlee Johnson and family in loving memory of her father, Dr. Cyrus P. Johnson. Peter and Marylu Wallerich in loving memory of Homer Sweet. Barbara Johnston in loving memory on the birthday of her son Brad. Doug and Esther Cooke in thanksgiving for the birthday of their daughter, Patty and for their wedding anniversary.

Remembrances for the Week

Birthdays

25 Jack Schluter
26 Judi Oxford
27 Clyde Kalahan
28 Lynn Clark
28 Kristina Younger
30 Sherry Benic

Death Anniversaries

24 Vera Feldhaus
25 Nancy Pierson
28 Ernest Mills

Special Announcements

Congratulations to Hannah and Louis Gitonga, daughter and son-in-law of Fr. John and Veronica Macharia, on the birth of their daughter Arianne on January 17, 2010.

ADULT FORUMS –OUTREACH COMMITTEE PRESENTS :

January 24th – LAKEWOOD RELAY FOR LIFE

Mike Darrah, Event Chair & La Marco Mitchell, Community Relationship Manager(ACS), will present an overview of the Lakewood Relay for Life to be held at the Harry E. Lang Stadium, adjacent to Clover Park High School on June 4th & 5th. St. Mary's Church and School plan to sponsor the Chapel and have a team. This is a great opportunity to learn about how we can join our community in the effort to find a cure for cancer. You can sign up as part of the leadership team today or call Craig Doupe or Deacon Terri Lolcama if you would like to be a part of the leadership team.

January 31st – HABITAT FOR HUMANITY

Jill Kenly, Director of Fund Development & Communication, will give us an overview of how St. Mary's Church and School plan to join together to build a home for a family in our community during the next year. You can sign up as part of the leadership team today or call Craig Doupe or Deacon Terri Lolcama if you would like to be a part of the leadership team.

Annual School Auction - Go for The Gold

Saturday, February 6, 2010—5:30 p.m.

Go for the Gold is only 14 days away! Today, before and after both Masses, you have the opportunity to purchase or reserve your ticket to the Auction. Thank you for all of your support. We have great items on both the Silent and Live portions of the Auction. The doors open at 5:30 PM on Saturday, February 6. Blessings, Glen Lutz, Principal.

Choral Evensong at Christ Church, Tacoma – Sunday, January 31st

You are invited to a service of Choral Evensong with the combined choirs of St. Mary's Episcopal Church and Christ Church. Fr. Hayne's will be the officiant and David Dahl and Fred McIlroy will be co-directors. The service will be preceded by a brief organ recital on the Brombaugh organ.

Cleaning Out Old Files, etc.?

St. Mary's will have a large shredder here on Friday, January 29th. We ask that if you have items to be shredded that you bring them in that morning as we cannot be responsible for what you bring in ahead of time. The truck should be here around 10 am on the 29th.

St. Mary's Rummage Sale – February 19th & 20th

Our next Rummage Sale will be held on Friday, Feb. 19th and Saturday, Feb. 20th, from 9 a.m. to 5 p.m.. We are still accepting donated items which can be dropped off at the church anytime between 9 am and 5 pm, Monday thru Friday.

Freedom Fund Update - \$12,443.82! If you took an envelope, please check your giving record and see if you are current. Our budgeted line item was based on 62 envelopes being taken @ \$3.00 a day.

St. Mary's Church & Christian School Clothing Boutique

The PTA is sponsoring a St. Mary's logo branded clothing boutique. This will be an ongoing fundraiser to support the school. Displays are in the narthex with order forms and payment envelopes. The envelopes can be placed in the payment box by the display. For questions or information, please contact PTA President, Christine Munari, 253-209-0645 or Colette625@aol.com.

Weather Cancellation Policy

In case of inclement weather, please check our website: www.holymotheroflakewood.org regarding cancellation of events occurring at St. Mary's during the winter months. Weather related cancellations will be posted on the website one hour before the scheduled start time of any scheduled event. If there is no special message, the event will resume as planned.